

Lauren R. Khazem

Lauren.Khazem@usm.edu
Lauren.Khazem@va.gov

EDUCATION

Current: Psychology Doctoral Internship Program
Minneapolis Veterans Affairs Health Care System
Expected Completion Date: August 3, 2018

Clinical Psychology Doctoral Program
The University of Southern Mississippi
Expected Graduation Date: August 3, 2018

M.A., Psychology
The University of Southern Mississippi
May 8, 2015

B.A., With Honors, Psychology
Texas Tech University
May 17, 2013

PUBLICATIONS (N=18; First authored=6)

1. **Khazem, L.R.** (In Press). Physical disability and suicide: Recent advancements in understanding and future directions for consideration. *Current Opinion in Psychology*.
2. Harrop, T., Preston, O., **Khazem, L.R.**, Anestis, M.D., Junearick, R., Green, B.A., & Anestis, J.C. (In Press). Dark traits and suicide: Associations between psychopathy, narcissism, and components of the interpersonal-psychological theory of suicide. *Journal of Abnormal Psychology*.
3. Podlogar, M.C., Houtsma, C., **Khazem, L.R.**, Moberg, F., Mofield, T., Green, B.A., Anestis, M.D., Lim, I.C., & Joiner, T.E. (In Press) The Associations between Army National Guard vs. Active Duty Soldier Status and Perceived Burdensomeness, Thwarted Belongingness, and Acquired Capability. *Journal of Clinical Psychology*
4. Anestis, M.D., **Khazem, L.R.**, & Anestis, J.C. (2017). Differing suicide decedents who died using firearms from those who died using other methods. *Psychiatry Research, 252*,23-28.
5. Houtsma, C., **Khazem, L.R.**, Green, B.A., & Anestis, M.D. (2017). The isolating effects of moral injury and low post-deployment support among U.S. military personnel. *Psychiatry Research, 247*, 194-199.
6. Law, K.L., **Khazem, L.R.** Jin, H.M., & Anestis, M.D., (2017). Non-suicidal self-injury and frequency of suicide attempts: The role of pain persistence. *Journal of Affective Disorders, 209*, 254-261.
7. **Khazem, L.R.**, Jahn, D.R., Cukrowicz, K.C. & Anestis, M.D. (2017) Health conditions, physical disabilities, perceived burdensomeness, and depressive symptoms influence suicidal ideation. *Death Studies, 41(4)*, 220-225.
8. Anestis, M.D., Law, K.C., Jin, H.M., Houtsma, C., **Khazem, L.R.**, & Assavedo, B.L. (2016). Treating the capability for suicide: A vital and understudied frontier in suicide prevention. *Suicide and Life-Threatening Behavior*.
9. **Khazem, L.R.** & Anestis, M.D. (2016). Thinking or doing? An examination of well-established suicide correlates within the ideation to action framework. *Psychiatry Research, 245*, 321-326.
10. Jin, H.M., **Khazem, L.R.**, & Anestis, M.D. (2016). Recent advances in means safety as a suicide prevention strategy. *Current Psychiatry Reports, 18*, 96-102.
11. **Khazem, L.R.**, Houtsma, C., Gratz, K.L., Tull, M.T., Green, B.A. & Anestis, M.D. (2016). Firearms matter: The moderating role of firearm storage on the association

- between current suicidal ideation and imminent suicide risk amongst United States military personnel. *Military Psychology*, 28,25-33.
12. Anestis, J.C., Anestis, M.D., Rufino, K.A., Kramer, R.J., Miller, H., **Khazem, L.R.**, & Joiner, T.E. (2016). Understanding the relationship between suicidality and psychopathy: An examination of the interpersonal-psychological theory of suicidal behavior. *Archives of Suicide Research*,20(3), 1-20.
 13. Law, K.C., **Khazem, L.R.**, & Anestis, M.D. (2015) The role of emotion dysregulation in suicide as considered through the ideation to action framework. *Current Opinion in Psychology*, 3, 30-35.
 14. Anestis, M.D., **Khazem, L.R.**, Mohn, R.S., & Green, B.A. (2015). Testing the main hypotheses of the Interpersonal-Psychological Theory of Suicidal Behavior in a large diverse sample of United States military personnel. *Comprehensive Psychiatry*, 60,78-85.
 15. Anestis, M.D., **Khazem, L.R.**, Law, K.C., Houtsma, C., LeTard, R., Moberg, F. & Martin, R. (2015). The association between state laws regulating handgun ownership and statewide suicide rates. *American Journal of Public Health*,105, 2055-2067.
 16. **Khazem, L.R.**, Jahn, D.R., Cukrowicz, K.C. & Anestis, M.D. (2015) Physical disability and the Interpersonal Theory of Suicide. *Death Studies*, 39, 641-646.
 17. **Khazem, L.R.**, Law, K.C., Green, B.A., & Anestis, M.D. (2015) Examining the relationship between coping strategies and suicidal desire in a sample of United States military personnel. *Comprehensive Psychiatry*,57, 2-9.
 18. Anestis, M.D., **Khazem, L.R.**, & Law, K.C. (2015). How many times and how many ways: The impact of number of non-suicidal self-injury methods on the relationship between non-suicidal self-injury frequency and suicidal behavior. *Suicide and Life-threatening Behavior*, 45, 164-177.
-

PRESENTATIONS (N=25; First authored =12)

1. **Khazem, L.R.** & Anestis, M.D. (2017) Physical disability and suicidal ideation: Examining the roles of visibility, limitations in activities of daily living, and interpersonal factors. Presented at the 50th annual meeting of the American Association of Suicidology, Phoenix, AZ.
2. Law, K.L., **Khazem, L.R.**, & Anestis, M.D. (2017). Non-suicidal self-injury and the frequency of suicide attempts: The role of pain persistence. Presented at the 50th annual meeting of the American Association of Suicidology, Phoenix, AZ.
3. **Khazem, L.R.**, Jahn, D.R., Cukrowicz, K.C., & Anestis, M.D. (2017). Health conditions, physical disabilities, perceived burdensomeness, and depressive symptoms influence suicidal ideation. Presented at the 50th annual meeting of the American Association of Suicidology, Phoenix, AZ.
4. Anestis, M.D., **Khazem, L.R.**, & Anestis, J.C. (2017). Differentiating suicide decedents who died using firearms from those who died using other methods. Presented at the 50th annual meeting of the American Association of Suicidology, Phoenix, AZ.
5. **Khazem, L.R.**, & Anestis, M.D. (2016). Do differences in suicide risk factors differentiate between suicide ideators and attempters?: An Examination of well-established suicide risk factors within the Ideation to Action Framework. Poster presented at the 50th annual meeting of the Association for Behavioral and Cognitive Therapies, New York City, New York
6. **Khazem, L.R.**, & Anestis, M.D. (2016). The measurement of cognitive biases toward perceived burdensomeness and thwarted belongingness through the use of a modified Stroop task. Presented at the 49th annual meeting of the American Association of Suicidology, Chicago, IL.

7. Law, K.C., **Khazem, L.R.**, & Anestis, M.D. (2106). Emotion dysregulation in the transition from suicidal ideation to action. Presented at the 49th annual meeting of the American Association of Suicidology, Chicago, IL.
8. Assavedo, B., **Khazem, L.R.**, & Anestis, M.D. (2016). The mediating role of negative beliefs about the future and depressive symptoms in suicidal ideation among individuals with health conditions. Poster presented at the 49th annual meeting of the American Association of Suicidology, Chicago, IL.
9. **Khazem, L.R.**, Houtsma, C., Gratz, K.L., Tul, M.T., Green, B.A., & Anestis, M.D. (2016). Firearms matter: The moderating role of firearm storage on the association between current suicidal ideation and imminent suicide risk amongst United States military personnel. Presented at the 49th annual meeting of the American Association of Suicidology, Chicago, IL.
10. **Khazem, L.R.**, Martin, R.L., Jahn, D.R., Cukrowicz, K.C., & Anestis, M.D. (2015). The Roles of perceived burdensomeness and depression in the development of suicidal ideation in individuals with physical disabilities. Presented at the 2015 IASR/AFSP International Summit on Suicide Research, New York City, New York.
11. **Khazem, L.R.**, Law, K.C., Green, B.A., & Anestis, M.D. (2015). The relationship between coping strategies and suicidal desire: An examination in United States military personnel. Presented at the 48th annual meeting of the American Association of Suicidology (AAS), Atlanta, GA.
12. **Khazem, L.R.**, Jahn, D.R., Cukrowicz, K.C., & Anestis, M.D. (2015) Physical disability and suicide risk: An examination of constructs of the Interpersonal Psychological Theory of Suicide. Poster presented at the 48th annual meeting of the American Association of Suicidology (AAS), Atlanta, GA.
13. Anestis, M.D., Law, K.C., Houtsma, C., Martin, R.L., Moberg, F., & LeTard, R.C, & **Khazem, L.R.** (2105). The association between state laws regulating handgun ownership and statewide suicide rates. Presented at the 48th annual meeting of the American Association of Suicidology (AAS), Atlanta, GA.
14. Martin, R.L., **Khazem, L.R.**, Houtsma, C., Green, B.A., & Anestis, M.D. (2015). Betrayal and Belongingness: Examining Moral Injury and The Interpersonal-Psychological Theory of Suicide. Poster presented at the 48th annual meeting of the American Association of Suicidology (AAS), Atlanta, GA.
15. Houtsma, C., **Khazem, L.R.**, Green, B.A., & Anestis, M.D. (2015). Moral Injury and Thwarted Belongingness: The Potential Importance of Post-Deployment Support for U.S. Troops. Poster presented at the 48th annual meeting of the American Association of Suicidology (AAS), Atlanta, GA.
16. **Khazem, L.R.**, Law, K.C., Green, B.A. & Anestis, M.D. (2014). "PTSD, Combat, and Impulsivity: Predictors of alcohol use in a military sample". Poster presented at the annual meeting of the Association of Cognitive Behavioral Therapies (ABCT), Philadelphia, PA.
17. **Khazem, L.R.**, Law, K.C., Green, B.A. & Anestis, M.D. (2014). "Coping strategies and suicide desire in a military sample" Poster presented of the Association of Cognitive Behavioral Therapies (ABCT), Philadelphia, PA.
18. **Khazem, L.R.**, Law, K.C., Green, B.A., & Anestis, M.D. (2014). "The number of NSSI methods as a predictor of PTSD: Differences between student and military samples". Poster presented at the annual meeting of the Association of Cognitive Behavioral Therapies (ABCT), Philadelphia, PA.
19. Law, K.C., **Khazem, L.R.**, & Anestis, M.D. (2014). "The Effect of Type of Rumination on Blame Attribution and Depression". Poster presented at the annual meeting of the Association of Cognitive Behavioral Therapies (ABCT), Philadelphia, PA.
20. Law, K.C., **Khazem, L.R.**, & Anestis, M.D. (2014). "The Effect of coping styles on blame attribution and negative affect." Poster presented at the 48th Annual meeting of the Association for Behavioral and Cognitive Therapies (ABCT), Philadelphia, PA.

21. **Khazem, L.R.**, Law, K.C., Pennings, S.M., & Anestis, M.D. (2014). "The effects of perseverance and distress tolerance on suicidal desire." Poster presented at the 47th Annual meeting of the American Association of Suicidology (AAS), Los Angeles, CA.
22. Law, K.C., **Khazem, L.R.**, & Anestis, M.D. (2014). "An Examination of the Moderating Effects of Emotion Dysregulation on Distress Tolerance and Suicidal Desire." Poster presented at the 47th Annual meeting of the American Association of Suicidology (AAS), Los Angeles, CA.
23. Anestis, M.D., Bryan, C.J., May, A.M., Law, K.C., Hagan, C.R., **Khazem, L.R.**, Magbuhat, A.D., Chu, C., Bryan, A.O., Letts, J., Lotze, N., Klonsky, E.D., Selby, E.A., Joiner, T.E. (2014) Dangerous words? Examining the impact of detailed reporting about suicide." Symposium presented at the 47th Annual meeting of the American Association of Suicidology (AAS), Los Angeles, CA.
24. Mitchell, S. M., Jahn, D. R., Poindexter, E. K., **Khazem, L.R.**, & Cukrowicz, K. C. (2013). "Involvement with criminal persons as a mediator of the relation between antisocial personality traits and thwarted belonging". Poster presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, Nashville, TN.
25. Poindexter, E. K., Marks, D., **Khazem, L. R.**, & Cukrowicz, K. C. (2012). "Does PTSD severity moderate the relation between thwarted belongingness, perceived burdensomeness, and acquired capability in a noncombat trauma sample?" Poster accepted to the Association of Behavioral and Cognitive Therapies, National Harbor, MD.

INVITED PRESENTATIONS (N=4)

1. **Khazem, L.R.** (2016). "Physical disability and suicide: What we know and what we are missing." Presented to The University of Southern Mississippi Psychology Department.
2. **Khazem, L.R.** (2016). Working with people with physical disabilities in the mental health professions. Presented to The University of Southern Mississippi Clinical Psychology Program
3. **Khazem, L.R.** (2016). Suicide research and suicide risk assessment: Recent developments in research and practice. To be presented at Pine Grove Behavioral Health and Addiction Services. Hattiesburg, MS.
4. **Khazem, L.R.** (2015). Workplace Violence. Presented at Wis-Pak Corp. Hattiesburg, MS.

BOOK CHAPTERS (N=1)

Anestis, M.D., & **Khazem, L.R.** (2015). The problem of Suicide. In *A Guide to Brief Cognitive Behavioral Treatments for Suicide Risk Across Clinical Settings* (C. Bryan, Ed.). Taylor & Francis: New York

THESIS AND DISSERTATION PROJECTS

Disability-related factors and perceived stigma: A closer examination of suicidality in individuals with physical disabilities

Chair: Michael D. Anestis, Ph.D.

Dissertation defended July 2017

Physical disability and suicidal desire: An examination of the constructs of the Interpersonal-Psychological Theory of Suicide

Chair: Michael D. Anestis, Ph.D.

Thesis defended November 2014

FUNDED GRANT APPLICATIONS

American Psychological Foundation
2014 Scott and Paul Pearsall Grant
Amount: \$10,000

Military Suicide Research Consortium
2015 Dissertation Completion Award
Amount: \$2,000

Military Suicide Research Consortium
2015 Preconference Training Day Award
Amount: \$1,000

Military Suicide Research Consortium
2016 Preconference Training Day Award
Amount: \$1,000

GRANT FUNDED RESEARCH INVOLVEMENT

Military Suicide Research Consortium
Identifying factors associated with future suicidal self-directed violence within a sample of Mississippi National Guard Personnel

Principal Investigator: Michael D. Anestis, Ph.D.

Grant #: W81XWH-10-2-0181

Amount awarded: \$704,715

9/21/2013-9/20/2015

Role: Graduate Student

Responsibilities: managing data collection, engaging in suicide risk assessments, and debriefing a large sample of US military personnel

UNFUNDED GRANT APPLICATIONS

American Psychological Association of Graduate Students/Psi Chi
Junior Scientist Fellowship
Amount: \$1,000

The Society for a Science of Clinical Psychology
Outstanding Student Diversity Research Award
Amount: \$200

OTHER RESEARCH EXPERIENCE

Suicide and Depression Research Program
(August 2011–May 2013
Texas Tech University
Research Assistant
Supervisor: Kelly C. Cukrowicz, Ph.D.

Roles: Assist in preparation for data collection for various projects; data entry; conducted a mentored research project

Cognitive Behavioral Assessment and Treatment Laboratory
(May 2012-December 2012)

Texas Tech University
Research Assistant

Supervisor: Gregory H. Mumma, Ph.D.

Roles: Assist in preparation for data collection for various projects; data entry; video transcription for research purposes, programming Palm Pilots for ecological momentary assessment research

CLINICAL EXPERIENCE

University of Southern Mississippi Psychology Clinic
(August 2014-July 2017)

Graduate Student Clinician

Roles: Conduct psychological assessments and provide empirically supported treatments to individuals with various psychological disorders

Gulf Coast Veterans' Affairs System- Biloxi
Mental Health Rehabilitation Residential Treatment Program
(August 2016 – May 2017)

Psychology Extern

Roles: Conduct DBT Skills and anger management groups with veterans and their families with various psychological disorders; conduct individual psychotherapy sessions with individuals with Post-Traumatic Stress Disorder, dual diagnoses, homelessness, and various psychological disorders

University of Southern Mississippi Psychology Clinic
(January 2015-December 2015)
Dialectical Behavioral Therapy (DBT) Skills Group Mindfulness Coach
(January 2016 – December 2016)

Group Co-leader

Roles: Facilitate DBT Skills acquisition in clients with Borderline Personality Disorder and other psychological disorders

Pine Grove Intensive Outpatient Program
(November 2015 – December 2016)

Group Co-facilitator

Roles: Conduct group psychotherapy sessions and with individuals with various Substance/Alcohol Use Disorders and dual diagnoses

Forrest General Hospital Employee Assistance Program
(July 2015 – August 2016)

Psychology Extern

Roles: Conducted unstructured intake interviews with children, adults, and couples seeking psychological services; conducted suicide risk assessments and created safety plans with patients at varying risk of suicide; provided treatment recommendations for patients; aided in facilitating the implementation of an improved and empirically supported suicide risk assessment within the Forrest General Hospital system; provided education about suicide risk assessment to medical and mental health professionals; aided in conducting stress management workshops

AD HOC JOURNAL REVIEW EXPERIENCE

Death Studies⁺
International Journal of Cognitive Therapy*
Journal of Affective Disorders*
Journal of Mental Health⁺
Journal of Psychopathology and Behavioral Assessment*
Psychiatry Research*
Rehabilitation Psychology*
Suicide and Life-Threatening Behavior⁺

* *denotes mentored reviewer experience*

+ *denotes independent reviewer experience*

TEACHING EXPERIENCE

Introduction to Statistics for the Behavioral Sciences
Instructor
Fall 2016 & Spring 2017 Semesters
University of Southern Mississippi

Abnormal Psychology
Guest Lecturer
(April 17- April 22, 2014)
University of Southern Mississippi
Instructor: Joye Anestis, Ph.D.

Introduction to Statistics for the Behavioral Sciences
Guest Lecturer
(December 3, 2014)
University of Southern Mississippi
Instructor: Jon Jore, M.A.

PROFESSIONAL ORGANIZATIONS

The Society for a Science of Clinical Psychology, Student Member
American Psychological Association of Graduate Students (APAGS), Student Member
American Association of Suicidology, Student Affiliate
Association for Psychological Science, Student Affiliate
Psi Chi: The International Honor Society in Psychology (Treasurer, Texas Tech University Chapter, 2012-2013 Academic Year)

SERVICE EXPERIENCE

University of Southern Mississippi Clinical Psychology Program Diversity Committee (Student Member; August 2015-Present)

American Association of Suicidology 2017 Student Conference Planning Committee (Member)

American Association of Suicidology 2016 Student Division (Reviewer)

Association for Psychological Science 2015 Student Research Award (Reviewer)

University of Southern Mississippi Clinical Psychology Graduate Student Organization (CPGSO) (2013- Present; 2014-2015 Philanthropy Committee member)

American Association of Suicidology 2015 Undergraduate Suicidology Course Curriculum Subcommittee (Member)

VOLUNTEER EXPERIENCE

Big Sister, Big Brothers Big Sisters Lubbock-Plainview (September 2011- May 2013)

Family Room Attendant, Ronald McDonald House Charities of the Southwest (October 2012- May 2013)

HONORS AND AWARDS

2016-2017 University of Southern Mississippi Clinical Psychology Research Excellence Award (\$200)

2016 University of Southern Mississippi Graduate Student Hall of Fame Inductee, College of Education and Psychology

2015-2016 University of Southern Mississippi Clinical Psychology Research Excellence Award (\$200)

2015 University of Southern Mississippi Outstanding Graduate Research in Psychology Award

2012 Texas Tech University Parents' Association Endowed Scholarship (\$1,000)

Spring 2011 – Spring 2013 Texas Tech University President's List

2011 Texas Tech University Traditions Scholarship (\$500)

Fall 2010 Texas Tech University Dean's List