

Michael D. Anestis, Ph.D.

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Licensed Clinical Psychologist

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Employment

University of Southern Mississippi (2017-present). Associate Professor, Department of Psychology. Director of Suicide and Emotion Dysregulation laboratory.

University of Southern Mississippi (2014-2017). Nina Bell Suggs Professor of Psychology, Department of Psychology. Director of Suicide and Emotion Dysregulation laboratory.

University of Southern Mississippi. (2012-2017). Assistant Professor, Department of Psychology. Director of Suicide and Emotion Dysregulation laboratory.

Military Suicide Research Consortium. (2011-2012). Post-doctoral fellow.

Education

Clinical Psychology Residency Training Consortium, Jackson, MS. (2010-2011). University of Mississippi Medical Center/Veterans Affairs Medical Center. Psychology Resident.
Research Preceptor: Matthew T. Tull, Ph.D.

Florida State University, Tallahassee, FL. (2007-2011). Doctor of Philosophy degree in clinical psychology awarded 8/11.
Dissertation title: *Affective and behavioral dysregulation: An examination of individual difference variables in the acquired capability for suicide*.
Major Professor: Thomas E. Joiner, Ph.D.

Florida State University, Tallahassee, FL. (2005-2007). Master of Science degree in clinical psychology awarded 4/07.
Master's thesis title: *The role of urgency in maladaptive coping behaviors*.
Major Professor: Thomas E. Joiner, Ph.D.

Yale University, New Haven, CT. (1998-2002). Bachelor of Arts degree in American studies.

Research Grants Funded

Military Suicide Research Consortium

Project Safe Guard

Role: Principal Investigator
Grant #: W81XWH-16-2-0003
Amount awarded: \$1,987,214
6/30/2017-3/29/2021

Military Suicide Research Consortium

Identifying factors associated with future suicidal self-directed violence within a sample of Mississippi National Guard Personnel

Role: Principal Investigator

Grant #: W81XWH-10-2-0181

Amount awarded: \$704,715

9/21/2013-9/20/2016

Defense Suicide Prevention Office

Gun lock policies and the military culture of gun use

Role: Consultant (PI:CNA Corporation)

DCD-2016-U-013474-Final

Project Number 0006.4752.B830.00.

Amount Awarded: \$575,000

6/2016-11/2017

Books

Anestis, M.D. (2018). *Guns and suicide: An American epidemic*. New York, NY: Oxford University Press.

Peer-Reviewed Journal Articles (mentored graduate and undergraduate students in italics)

h-index = 35; g-index = 63

- ¹²² **Anestis, M.D.**, Daruwala, S.E., & Capron, D.W. (in press). Firearm ownership, means safety, and suicidality. *Suicide and Life-Threatening Behavior*.
- ¹²¹ **Anestis, M.D.** (in press). Firearms and suicide across the lifespan. *American Journal of Public Health*.
- ¹²⁰ **Anestis, M.D.**, Butterworth, S.E., & Houtsma, C. (in press). Perceptions of firearms and suicide: The role of misinformation in storage practices and openness to means safety measures. *Journal of Affective Disorders*.
- ¹¹⁹ **Anestis, M.D.**, Mohn, R.S., Dorminey, J.W., & Green, B.A. (in press). Detecting the underreporting of suicidal ideation among United States military personnel. *Suicide and Life-Threatening Behavior*.
- ¹¹⁸ **Anestis, M.D.** (in press). Advancing suicide prevention through a focus on firearm safety. *American Journal of Public Health*.
- ¹¹⁷ **Anestis, M.D.**, & Capron, D.W. (in press). Deadly experience: The association between firing a gun and various aspects of suicide risk. *Suicide and Life-Threatening Behavior*.

- ¹¹⁶ *Butterworth, S.E., & Anestis, M.D.* (in press). Political beliefs, region of residence, and openness to firearms means safety measures to prevent suicide. *Archives of Suicide Research*.
- ¹¹⁵ *Houtsma, C., & Anestis, M.D.* (in press). Practical capability: The impact of handgun ownership among previous suicide attempters. *Psychiatry Research*.
- ¹¹⁴ *Anestis, J.C., Anestis, M.D., & Preston, O.C.* (in press). Psychopathic personality traits as a form of dispositional capability for suicide. *Psychiatry Research*.
- ¹¹³ *Law, K.C., Jin, H.M., & Anestis, M.D.* (in press). The intensity of suicidal ideation at the worst point and its association with suicide attempts. *Psychiatry Research*.
- ¹¹² *Daruwala, S.E., Butterworth, S.E., & Anestis, M.D.* (in press). Openness to firearm storage safety as a suicide prevention tool among those exposed to suicide: The role of perceived closeness to the suicide decedent. *Psychiatry Research*.
- ¹¹¹ *Butterworth, S.E., Daruwala, S.E., & Anestis, M.D.* (in press). Firearm storage and shooting experience: Factors relevant to the practical capability for suicide. *Journal of Psychiatric Research*.
- ¹¹⁰ *Turner, B.J., Jin, H.M., Anestis, M.D., Dixon-Gordon, K.L., & Gratz, K.L.* (in press). Personality pathology and intentional self-harm: Cross-cutting insights from categorical and dimensional models. *Current Opinion in Psychology*
- ¹⁰⁹ *Houtsma, C., Butterworth, S.E., & Anestis, M.D.* (in press). Firearm suicide: Pathways to risk and methods of prevention. *Current Opinion in Psychology*.
- ¹⁰⁸ *Harrop, T.M., Preston, O.C., Khazem, L.R., Anestis, M.D., Junearick, R., Green, B.A., & Anestis, J.C.* (in press). Dark traits and suicide: Associations between psychopathy, narcissism, and components of the interpersonal-psychological theory of suicide. *Journal of Abnormal Psychology*.
- ¹⁰⁷ *Bartlett, B.A., Jardin, C., Martin, C., Tran, J.K., Buser, S.J., Anestis, M.D., & Vujanovic, A.A.* (in press). Posttraumatic stress and suicidality in firefighters: The moderating role of distress tolerance. *Cognitive Therapy and Research*.
- ¹⁰⁶ **Anestis, M.D.,** Anestis, J.C., & *Butterworth, S.E.* (2017). Differing perspectives on analyzing data related to firearms and suicide. *American Journal of Public Health*. Advance online publication. doi: 10.2105/AJPH.2017.303890
- ¹⁰⁵ **Anestis, M.D.,** Selby, E.A., & *Butterworth, S.E.* (2017). Rising longitudinal trajectories in state level suicide rates: The role of firearm suicide rates and firearm legislation. *Preventive Medicine, 100*, 159-166. doi: 10.1016/j.ypmed.2017.04.032
- ¹⁰⁴ **Anestis, M.D.,** *Khazem, L.R., & Anestis, J.C.* (2017). Differentiating suicide decedents who died using firearms from those who died using other methods. *Psychiatry Research, 252*, 23-28. doi: 10.1016/j.psychres.2017.02.048

- ¹⁰³ **Anestis, M.D.**, Anestis, J.C., & *Butterworth, S.E.* (2017). Handgun legislation and changes in statewide overall suicide rates. *American Journal of Public Health, 107*, 579-581. doi: 10.2105/AJPH.2016.303650
- ¹⁰² **Anestis, M.D.**, & *Houtsma, C.* (2017). The association between gun ownership and statewide overall suicide rates. *Suicide and Life-Threatening Behavior*. Advance online publication. doi: 10.1111/sltb.12346
- ¹⁰¹ **Anestis, M.D.**, *Law, K.C.*, *Jin, H.*, *Houtsma, C.*, *Khazem, L.R.*, & *Assavedo, B.L.* (2017). Treating the capability for suicide: A vital and understudied frontier in suicide prevention. *Suicide and Life-Threatening Behavior*. Advance Online Publication. doi: 10.1111/sltb.12311
- ¹⁰⁰ *Ringer, F.B.*, & **Anestis, M.D.** (2017). Thwarted belongingness in relation to face-to-face and online interactions. *Suicide and Life-Threatening Behavior*. Advance Online Publication. doi: 10.1111/sltb.12367
- ⁹⁹ Davidson, C.L., **Anestis, M.D.**, & Gutierrez, P.M. (2017). Ecological momentary assessment is a neglected methodology in suicidology. *Archives of Suicide Research, 21*, 1-11. doi: 10.1080/13811118.2015.1004482
- ⁹⁸ *Butterworth, S.E.*, Green, B.A., & **Anestis, M.D.** (2017). The association between specific combat experiences and aspects of the Interpersonal Theory of Suicide. *Comprehensive Psychiatry, 78*, 9-18. doi: 10.1016/j.comppsy.2017.06.003
- ⁹⁷ *Assavedo, B.L.*, Green, B.A., & **Anestis, M.D.** (2017). Military personnel compared to multiple suicide attempters: Interpersonal theory of suicide constructs. *Death Studies*. Advance Online Publication. doi: 10.1080/07481187.2017.1334013
- ⁹⁶ Anestis, J.C., *Harrop, T.M.*, **Anestis, M.D.**, Green, B.A.. (2017). Psychopathic personality traits as a protective factor against the development of post-traumatic stress disorder in a sample of National Guard combat veterans. *Journal of Psychopathology and Behavioral Assessment, 39*, 220-229. doi: 10.1007/s10862-017-9588-8
- ⁹⁵ *Jin, H.J.*, *Khazem, L.R.*, & **Anestis, M.D.** (2017). Recent advances in means safety as a suicide prevention strategy. *Current Psychiatry Reports*. Advance Online Publication. doi: 10.1007/s11920-016-0731-0
- ⁹⁴ *Butterworth, S.E.*, *Houtsma, C.*, Anestis, J.C., & **Anestis, M.D.** (2017). Investigating the relationship between social and economic policy views, firearm ownership, and death by firearm in a sample of suicide decedents. *Archives of Suicide Research*. Advance Online Publication. doi: 10.1080/13811118.2017.1355287
- ⁹³ Anestis, J.C., Green, B.A., Arnau, R., & **Anestis, M.D.** (2017). Psychopathic personality traits in the military: An examination of the Levenson Self-Report Psychopathy Scales in a novel sample. *Assessment*. Advance Online Publication. doi: 10.1177/1073191117719511
- ⁹² *Houtsma, C.*, *Khazem, L.R.*, Green, B.A., & **Anestis, M.D.** (2017). Isolating effects of moral injury and low post-deployment support within the US military. *Psychiatry Research, 247*, 194-199. doi: 10.1016/j.psychres.2016.11.031

- ⁹¹ Law, K.C., Khazem, L.R., Jin, H.M., & Anestis, M.D. (2017). Non-suicidal self-injury and frequency of suicide attempts: The role of pain persistence. *Journal of Affective Disorders*, 209, 254-261. doi: 10.1016/j.jad.2016.11.028
- ⁹⁰ Podlogar, M.C., Houtsma, C., Khazem, L.R., Moberg, F., Mofield, T., Green, B.A., Anestis, M.D., & Lim, I.C., & Joiner, T.E. (2017). The associations between Army National Guard vs. active duty soldier status and perceived burdensomeness, thwarted belongingness, and acquired capability. *Journal of Clinical Psychology*. Advance Online Publication. doi: 10.1002/jclp.22473
- ⁸⁹ Khazem, L.R., Jahn, D.R., Cukrowicz, K.C., & Anestis, M.D. (2017). Health conditions, physical disabilities, perceived burdensomeness, and depressive symptoms influence suicidal ideation. *Death Studies*, 41, 220-225. doi: 10.1080/07481187.2016.1251509
- ⁸⁸ Stanley, I.H., Hom, M.A., Rogers, M.L., Anestis, M.D., & Joiner, T.E. (2017). Discussing firearm ownership and access as part of suicide risk assessment and prevention: “Means safety” versus “means restriction.” *Archives of Suicide Research*, 21, 237-253. doi: 10.1080/13811118.2016.1175395
- ⁸⁷ Rogers, M.L., Schneider, M.E., Tucker, R.P., Law, K.L., Anestis, M.D., & Joiner, T.E. (2017). Overarousal as a mechanism of the relation between rumination and suicidality. *Journal of Psychiatric Research*, 92, 31-37. doi: 10.1016/j.jpsychires.2017.03.024
- ⁸⁶ Vujanovic, A.A., Bakhshaie, J., Martin, C., Reddy, M.K., & Anestis, M.D. (2017). Posttraumatic stress and distress tolerance: Associations with suicidality in acute-care psychiatric inpatients. *Journal of Nervous and Mental Disease*, 205, 531-541. doi: 10.1097/NMD.0000000000000690
- ⁸⁵ Pennings, S.M., Finn, J., Houtsma, C., Green, B.A., & Anestis, M.D. (2017). Post-traumatic stress disorder symptom clusters and the interpersonal theory of suicide in a large military sample. *Suicide and Life-Threatening Behavior*. Advance Online Publication. doi: 10.1111/sltb.12317
- ⁸⁴ Fisher, K., Houtsma, C., Assavedo, B.L., Green, B.A., & Anestis, M.D. (2017). Agitation as a moderator of the relationship between insomnia and current suicidal ideation in the military. *Archives of Suicide Research*. Advance Online Publication. doi: 10.1080/13811118.2016.1193077
- ⁸³ Martin, R.L., Houtsma, C., Bryan, A.O., Bryan, C.J., Green, B.A., & Anestis, M.D. (2017). The impact of aggression on the relationship between betrayal and belongingness amongst US military personnel. *Military Psychology*, 29, 271-282. doi: 10.1037/mil0000160
- ⁸² Anestis, J.C., Finn, J.A., Gottfried, E.L., Hames, J., Bodell, L., Hagan, C., Arnau, R., Anestis, M.D., Arbisi, P.A., & Joiner, T.E. (2017). Burdensomeness, belongingness, and acquired capability: Assessing the interpersonal-psychological theory of suicide with MMPI-2-RF scales. *Assessment*. Advance Online Publication. doi: 10.1177/1073191116652227

- ⁸¹ **Anestis, M.D.**, & Capron, D.W. (2016). An investigation of persistence through pain and distress as an amplifier of the relationship between suicidal ideation and suicidal behavior. *Journal of Affective Disorders*, *196*, 78-82. doi: 10.1016/j.jad.2016.02.044
- ⁸⁰ **Anestis, M.D.**, & Capron, D.W. (2016). The associations between state veteran population rates, handgun legislation, and statewide suicide rates. *Journal of Psychiatric Research*, *74*, 30-34. doi: 10.1016/j.jpsychires.2015.12.014
- ⁷⁹ **Anestis, M.D.** (2016). Prior suicide attempts are less common in suicide decedents who died by firearms relative to those who died by other means. *Journal of Affective Disorders*, *189*, 106-109. doi: 10.1016/j.jad.2015.09.007
- ⁷⁸ *Khazem, L.R.*, & **Anestis, M.D.** (2016). Thinking or doing? An examination of well-established suicide risk factors within the ideation-to-action framework. *Psychiatry Research*, *245*, 321-326. doi: 10.1016/j.psychres.2016.08.038
- ⁷⁷ *Anestis, J.C.*, **Anestis, M.D.**, *Rufino, K.A.*, *Cramer, R.J.*, *Miller, H.*, *Khazem, L.R.*, & *Joiner, T.E.* (2016). Understanding the relationship between suicidality and psychopathy: An examination of the interpersonal-psychological theory of suicidal behavior. *Archives of Suicide Research*, *20*, 349-368. doi: 10.1080/13811118.2015.1048399
- ⁷⁶ *Assavedo, B.L.*, & **Anestis, M.D.** (2016). The relationship between nonsuicidal self-injury and both perceived burdensomeness and thwarted belongingness. *Journal of Psychopathology and Behavioral Assessment*, *38*, 251-257.
- ⁷⁵ *Knorr, A.C.*, *Tull, M.T.*, **Anestis, M.D.**, *Dixon-Gordon, K.*, *Bennett, M.*, & *Gratz, K.L.* (2016). The interactive effect of major depression and nonsuicidal self-injury on current suicide risk and lifetime suicide attempts. *Archives of Suicide Research*, *20*, 539-552. doi: 10.1080/13811118.2016.1158679
- ⁷⁴ *Bryan, C.J.*, *Bryan, A.O.*, **Anestis, M.D.**, *Anestis, J.C.*, *Green, B.A.*, *Etienne, N.*, *Morrow, C.E.*, & *Ray-Sannerud, B.* (2016). Measuring moral injury: Psychometric properties of the Moral Injury Events Scale in two military samples. *Assessment*, *23*, 557-570. doi: 10.1177/1073191115590855
- ⁷³ *Kranzer, A.*, *Fehling, K.B.*, **Anestis, M.D.**, & *Selby, E.A.* (2016). Emotion dysregulation, internalizing symptoms, and self-injurious and suicidal behavior: Structural equation analysis. *Death Studies*, *40*, 358-366. doi: 10.1080/07481187.2016.1145156
- ⁷² *Martin, R.L.*, *Houtsma, C.*, *Green, B.A.*, & **Anestis, M.D.** (2016). Support systems: How post-deployment support impacts suicide risk factors in the United States Army National Guard. *Cognitive Therapy and Research*, *40*, 14-21.
- ⁷¹ *Capron, D.W.*, *Bujarski, S.J.*, *Gratz, K.L.*, **Anestis, M.D.**, *Fairholme, C.P.*, & *Tull, M.T.* (2016). Suicide risk among male substance users in residential treatment: Evaluation of the depression-distress amplification model. *Psychiatry Research*, *237*, 22-26. doi: 10.1016/j.psychres.2016.01.060
- ⁷⁰ *Rogers, M.L.*, *Tucker, R.P.*, *Law, K.C.*, *Michaels, M.S.*, **Anestis, M.D.**, & *Joiner, T.E.* (2016). Manifestations of overarousal account for the associations between cognitive anxiety

- sensitivity and suicidal ideation. *Journal of Affective Disorders*, 192, 116-124. doi: 10.1016/j.jad.2015.12.014
- ⁶⁹ *Khazem, L.R., Houtsma, C., Gratz, K.L., Tull, M.T., Green, B.A., & Anestis, M.D.* (2016). Firearms matter: The moderating role of firearm storage in the association between current suicidal ideation and likelihood of future suicide attempts among United States military personnel. *Military Psychology*, 28, 25-33. doi: 10.1037/mil0000099
- ⁶⁸ *Anestis, M.D., Bryan, C.J., May, A.M., Law, K.C., Hagan, C.R., Bryan, A.O., Chu, C., Michaels, M.S., Selby, E.A., Klonsky, E.D., & Joiner, T.E.* (2015). Dangerous words? An experimental investigation of the impact of detailed reporting about suicide on subsequent risk. *Journal of Clinical Psychology*, 71, 1031-1041. doi: 10.1002/jclp.22199
- ⁶⁷ *Anestis, M.D., & Anestis, J.C.* (2015). Suicide rates and statewide laws regulating access and exposure to handguns. *American Journal of Public Health*, 105, 2049-2058. doi: 10.2105/AJPH.2015.302753
- ⁶⁶ *Anestis, M.D., & Green, B.A.* (2015). The effect of varying levels of confidentiality on disclosure of suicidal thoughts in a sample of United States National Guard personnel. *Journal of Clinical Psychology*, 71, 1023-1030. doi: 10.1002/jclp.22198
- ⁶⁵ *Anestis, M.D., Khazem, L.R., Mohn, R.S., & Green, B.A.* (2015). Testing the main hypotheses of the interpersonal-psychological theory of suicidal behavior in a large diverse sample of United States military personnel. *Comprehensive Psychiatry*, 60, 78-85. doi: 10.1016/j.comppsy.2015.03.006
- ⁶⁴ *Anestis, M.D., Khazem, L.R., Law, K.C., Houtsma, C., LeTard, R., Moberg, F., & Martin, R.* (2015). The association between state laws regulating handgun ownership and suicide rates. *American Journal of Public Health*, 105, 2059-2067. doi: 10.2105/AJPH.2014.302465
- ⁶³ *Anestis, M.D., Joiner, T.E., Hanson, J.E., & Gutierrez, P.M.* (2015). Response to commentary on the modal suicide decedent did not consume alcohol just prior to the time of death: An analysis with implications for understanding suicidal behavior. *Journal of Abnormal Psychology*, 124, 460-461. doi: 10.1037/abn0000062
- ⁶² *Anestis, M.D., & Selby, E.A.* (2015). Grit and perseverance in suicidal behavior and non-suicidal self-injury. *Death Studies*, 39, 211-218. doi: 10.1080/07481187.2014.946629
- ⁶¹ *Anestis, M.D., Khazem, L.R., & Law, K.C.* (2015). How many times and how many ways: The impact of number of non-suicidal self-injury methods on the relationship between non-suicidal self-injury frequency and suicidal behavior. *Suicide and Life-Threatening Behavior*, 45, 164-177. doi: 10.1111/sltb.12120
- ⁶⁰ *Kleiman, E.M., & Anestis, M.D.* (2015). Introduction to the special issue: Recent advances in suicide research: Mediators and moderators of risk and resilience. *International Journal of Cognitive Therapy*, 8, 95-98. doi: 10.1521/ijct.2015.8.2.95
- ⁵⁹ *Moberg, F.B., & Anestis, M.D.* (2015). A preliminary examination of the relationship between social networking interactions, internet use, and thwarted belongingness. *Crisis: The*

- Journal of Crisis Intervention and Suicide Prevention*, 36, 187-193. doi: 10.1027/0227-5910/a000311
- ⁵⁸ Law, K.C., Khazem, L.R., & **Anestis, M.D.** (2015). The role of emotion dysregulation in suicide as considered through the ideation to action framework. *Current Opinion in Psychology*, 3, 30-35. doi: 10.1016/j.copsy.2015.01.014
- ⁵⁷ Lavender, J.M., Green, D., **Anestis, M.D.**, Tull, M.T., & Gratz, K.L. (2015). Negative affect, negative urgency, thought suppression, and bulimic symptoms: A moderated mediation model. *European Eating Disorders Review*, 23, 246-250. doi: 10.1002/erv.2351
- ⁵⁶ Lavender, J.M., Happel, K., **Anestis, M.D.**, Gratz, K.L., & Tull, M.T. (2015). The interactive role of distress tolerance and eating expectancies in relation to bulimic symptoms. *Eating Behaviors*, 16, 88-91. doi: 10.1016/j.eatbeh.2014.10.006
- ⁵⁵ Buckholdt, K.E., Parra, G.R., **Anestis, M.D.**, Lavender, J.M., Jobe-Shields, L.E., Tull, M.T., & Gratz, K.L. (2015). Emotion regulation difficulties and maladaptive behaviors: Examination of deliberate self-harm, disordered eating, and substance misuse in two samples. *Cognitive Therapy and Research*, 39, 140-152.
- ⁵⁴ Khazem, L.R., Jahn, D.R., Cukrowicz, K.C., & **Anestis, M.D.** (2015). Physical disability and the interpersonal theory of suicide. *Death Studies*, 39, 641-646. doi: 10.1080/07481187.2015.1047061
- ⁵³ Khazem, L.R., Law, K.C., Green, B.A., & **Anestis, M.D.** (2015). Examining the relationship between coping strategies and suicidal desire in a sample of United States military personnel. *Comprehensive Psychiatry*, 57, 2-9. doi: 10.1016/j.comppsy.2014.11.009
- ⁵² Pennings, S.M., Law, K.C., Green, B.A., & **Anestis, M.D.** (2015). The impact of grit on the relationship between hopelessness and suicidality. *International Journal of Cognitive Therapy*, 8, 130-142. doi: 10.1521/ijct.2015.8.2.130
- ⁵¹ Hames, J., Chiurliza, B., Podlogar, M.C., Smith, A.R., Selby, E.A., **Anestis, M.D.**, & Joiner, T.E. (2015). Perceived burdensomeness and thwarted belongingness predict excessive reassurance seeking among clinical outpatients. *Journal of Clinical Psychology*, 71, 597-605. doi: 10.1002/jclp.22158
- ⁵⁰ **Anestis, M.D.**, Joiner, T.E., Hanson, J.E., & Gutierrez, P.M. (2014). The modal suicide decedent did not consume alcohol just prior to the time of death: An analysis with implications for understanding suicidal behavior. *Journal of Abnormal Psychology*, 123, 835-840. doi: 10.1037/a0037480
- ⁴⁹ **Anestis, M.D.**, Soberay, K.A., Gutierrez, P.M., Hernandez, T.D., & Joiner, T.E. (2014). Reconsidering the link between impulsivity and suicidal behavior. *Personality and Social Psychology Review*, 18, 366-386. doi: 10.1177/1088868314535988
- ⁴⁸ **Anestis, M.D.**, Kleiman, E.M., Lavender, J.M., Tull, M.T., & Gratz, K.L. (2014). The pursuit of death versus escape from negative affect: An examination of the nature of the relationship between emotion dysregulation and both suicidal behavior and non-suicidal self-injury. *Comprehensive Psychiatry*, 55, 1820-1830. doi: 10.1016/j.comppsy.2014.07.007

- ⁴⁷ **Anestis, M.D.**, Anestis, J.C., Zawilinski, L.L., Hopkins, T.A., & Lilienfeld, S.O. (2014). Equine-related treatments for mental illness lack empirical support: A systematic review of empirical investigations. *Journal of Clinical Psychology, 70*, 1115-1132. doi: 10.1002/jclp.22113
- ⁴⁶ **Anestis, M.D.**, Tull, M.T., Lavender, J.M., & Gratz, K.L. (2014). The mediating role of non-suicidal self-injury in the relationship between impulsivity and suicidal behavior among inpatients receiving treatment for substance use disorders. *Psychiatry Research, 218*, 166-173. doi: 10.1016/j.psychres.2014.03.031
- ⁴⁵ **Anestis, M.D.**, Pennings, S.M., & Williams, T.J. (2014). Preliminary results from an examination of episodic planning in suicidal behavior. *Crisis: The Journal of Crisis Intervention and Suicide Prevention, 35*, 186-192. doi: 10.1027/0227-5910/a000250
- ⁴⁴ **Anestis, M.D.**, Moberg, F.B., & Arnau, R.C. (2014). Hope and the interpersonal-psychological theory of suicidal behavior: Replication and extension of prior findings. *Suicide and Life-Threatening Behavior, 44*, 175-187. doi: 10.1111/sltb.12060
- ⁴³ Nadorff, M.R., **Anestis, M.D.**, Nazem, S., Harris, H.C., & Winer, E.S. (2014). Sleep disorders and the Interpersonal-Psychological Theory of Suicide: Independent pathways to suicidality? *Journal of Affective Disorders, 152-154*, 505-512. doi: 10.1016/j.jad.2013.10.011
- ⁴² Kleiman, E.M., Law, K.C., & **Anestis, M.D.** (2014). Do theories of suicide play well together? Integrating the hopelessness and interpersonal psychological theories of suicide. *Comprehensive Psychiatry, 55*, 431-438. doi: 10.1016/j.comppsy.2013.10.015
- ⁴¹ Gauthier, J.M., Zuromski, K.L., Gitter, S.A., Witte, T.K., Cero, I.J., Gordon, K.H., Ribeiro, J.D., **Anestis, M.D.**, & Joiner, T.E., Jr. (2014). The interpersonal-psychological theory of suicide and exposure to video game violence. *Journal of Social and Clinical Psychology, 33*, 512-535. doi: 10.1521/jscp.2014.33.6.512
- ⁴⁰ **Anestis, M.D.**, Pennings, S.M., Lavender, J.M., Tull, M.T., & Gratz, K.L. (2013). Low distress tolerance as an indirect risk factor for suicidal behavior: Considering the explanatory role of non-suicidal self-injury. *Comprehensive Psychiatry, 54*, 996-1002. doi: 10.1016/j.comppsy.2013.04.005
- ³⁹ **Anestis, M.D.**, Knorr, A.N., Tull, M.T., Lavender, J.M., & Gratz, K.L. (2013). The importance of high distress tolerance in the relationship between non-suicidal self-injury and suicide potential. *Suicide and Life-Threatening Behavior, 43*, 663-675. doi: 10.1111/sltb.12048
- ³⁸ **Anestis, M.D.**, & Bryan, C.J. (2013). Means and capacity for suicidal behavior: A comparison of the ratio of suicide attempts and deaths by suicide in the US military and general population. *Journal of Affective Disorders, 148*, 42-47. doi: 10.1016/j.jad.2012.11.045
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Journal Articles Under Review (Mentored graduate and undergraduate students in italics)

Anestis, M.D., Tull, M.T., *Butterworth, S.E., Richmond, J.R., Houtsma, C., Forbes, C.N., & Gratz, K.L.* (article submitted). The role of opioid use in distinguishing between suicidal ideation and attempts.

Butterworth, S.E., & Anestis, M.D. (article submitted). Political beliefs, region of residence, and openness to firearms means safety measures to prevent suicide.

Daruwala, S.E., Butterworth, S.E., & Anestis, M.D. (article submitted). Perspectives on firearm storage safety as a suicide prevention tool among those exposed to suicide: The role of perceived closeness to the suicide decedent.

Law, K.C., Jin, H.M., & Anestis, M.D. (article submitted). The intensity of suicidal ideation at the worst point and its association with suicide attempts.

Law, K.C., Ringer, F.B., Martin, R.L., Capron, D.W., Joiner, T.E., & Anestis, M.D. (article submitted). Connected but disconnected: Internet usage influence the effect of rumination on perceived burdensomeness and thwarted belongingness.

Preston, O.C., Butterworth, S.E., Khazem, L.R., Houtsma, C., Anestis, M.D., Green, B.A., & Anestis, J.C. (article submitted). Exploring the relations of psychopathic and narcissistic personality traits to military experiences.

Published Book Chapters

Anestis, M.D., Dixon-Gordon, K.L., & Gratz, K.L. (2015). Suicidal behavior and personality disorders. In D.A. Lamis & N.J. Kaslow (Eds.), *Advancing the science of suicidal behavior: Understanding and intervention*. Hauppauge, NY: Nova Science Publishers.

Anestis, M.D., & *Khazem, L.R.* (2015). The problem of suicide. In C. Bryan (Ed.), *Cognitive Behavioural Therapy for Preventing Suicide Attempts*. New York, NY: Taylor & Francis Publishing.

Anestis, M.D. (2015). Emotion dysregulation and suicidality. In U. Kumar (Ed.), *Suicidal Behavior: Underlying Dynamics*. New York, NY: Routledge.

Anestis, M.D., Fink, E.L., Smith, A.R., Selby, E.A., & Joiner, T.E. (2011). Distress tolerance in eating disorders. In M.J. Zvolensky, A. Bernstein, & A.A. Vujanovic (Eds.). *Distress Tolerance*. New York: Guilford Press.

Hollar, D.L., Buckner, J.D., Holm-Denoma, J.M., Waesche, M.C., Wingate, L.R., & **Anestis, M.D.** (2007) The assessment, diagnosis, and treatment of African American clients. In J.D. Buckner, Y. Castro, J.M. Holm-Denoma, & T.E. Joiner (Eds.). *Mental Health Care for People of Diverse Backgrounds within an Empirically Informed Framework*. Oxford: Radcliffe Publishing.

Posters/Presentations for Professional Conferences (Mentored students in italics)

Anestis, M.D. (2018). Pain response in individuals with and without a history of non-suicidal self-injury: Results from a high risk community sample. Paper to be presented at the 52nd annual conference of the Association for Behavioral and Cognitive Therapies. Washington, DC.

Anestis, M.D., Bryan, C.J., Chaplain, V., & Maxwell, C. (2018). Addressing gun violence in America begins with a focus on suicide. Panel discussion to be presented at the 52nd annual conference of the Association for Behavioral and Cognitive Therapies. Washington, DC.

Anestis, M.D., *Houtsma, C., Butterworth, S.E., & Daruwala, S.E.* (2018). State firearm legislation and suicide rates: Evidence for means safety. Paper to be presented at the 52nd annual conference of the Association for Behavioral and Cognitive Therapies. Washington, DC.

Butterworth, S.E., & Anestis, M.D. (2018). Number of firearms owned as an indicator of elevated practical capability for suicide. Poster to be presented at the 52nd annual conference of the Association for Behavioral and Cognitive Therapies. Washington, DC.

Daruwala, S.E., & Anestis, M.D. (2018). Masculinity's influence on the interpersonal theory of suicide. Poster to be presented at the 52nd annual conference of the Association for Behavioral and Cognitive Therapies. Washington, DC.

Preston, O.C., Daruwala, S.E., Butterworth, S.E., Anestis, J.C., Green, B.A., & Anestis, M.D. (2018). The grim side of narcissism: Examining pathological traits, depressive symptoms, and suicidal ideation in military personnel. Poster to be presented at the 52nd annual conference of the Association for Behavioral and Cognitive Therapies. Washington, DC.

Waitz-Kudla, S.N. & Anestis, M.D. (2018). Talking About Suicide: Trends in Suicide Decedents. . Poster to be presented at the 52nd annual conference of the Association of Behavioral and Cognitive Therapies. Washington, DC.

Anestis, M.D. (2018). Project Safe Guard. Plenary address presented at the 51st annual meeting of the American Association of Suicidology. Washington, DC.

- Anestis, M.D.** & Capron, D.W. (2018). Deadly experience: The association between firing a gun and various aspects of suicide risk. Paper accepted for presentation at the 51st annual meeting of the American Association of Suicidology. Washington, DC.
- Bauder, R.C., Tucker, R., **Anestis, M.D.**, May, A.M., Nock, M.K., & O'Connor, S. (2018). I think I want to be a suicidologist...where do I start? Student division-focused panel. Panel accepted for presentation at the 51st annual meeting of the American Association of Suicidology. Washington, DC.
- Bryan, C.J., Klonsky, E.D., Franklin, J., & **Anestis, M.D.** (2018). Different theories or difference pieces of the puzzle? Integrating perspectives on the emergence of suicidal thoughts and behaviors. Panel accepted for presentation at the 51st annual meeting of the American Association of Suicidology. Washington, DC.
- Bryant, A., Crowson, K., Law, K., & Anestis, M.D.* (2018). Changes in pain response among individuals with high and low impulsivity: Implications for the capability for suicide. Poster accepted for presentation at the 51st annual meeting of the American Association of Suicidology. Washington, DC.
- Butterworth, S.E., Daruwala, S.E., & Anestis, M.D.* (2018). Firearm storage and shooting experience: Factors relevant to the practical capability for suicide. Paper accepted for presentation at the 51st annual meeting of the American Association of Suicidology. Washington, DC.
- Butterworth, S.E. & Anestis, M.D.* (2018). The impact of reasons for firearm ownership on beliefs about firearms and suicide and openness to means safety. Poster accepted for presentation at the 51st annual meeting of the American Association of Suicidology. Washington, DC.
- Crowson, K., Bryant, A., Green, B.A., & Anestis, M.D.* (2018). Identifying the relationship between aggression, isolation, and suicidal ideation in a National Guard sample. Poster accepted for presentation at the 51st annual meeting of the American Association of Suicidology. Washington, DC.
- Daruwala, S.E., & Anestis, M.D.* (2018). The impact of perceived closeness on openness to changing firearm storage methods in firearm owners exposed to suicide. Paper accepted for presentation at the 51st annual meeting of the American Association of Suicidology. Washington, DC.
- Houtsma, C. & Anestis, M.D.* (2018). A longitudinal investigation of the effect of violent video game play on capability for suicide. Paper accepted for presentation at the 51st annual meeting of the American Association of Suicidology. Washington, DC.
- Houtsma, C. & Anestis, M.D.* (2018). Safety first: The impact of children on firearm storage practices and openness to changing storage practices. Poster accepted for presentation at the 51st annual meeting of the American Association of Suicidology. Washington, DC.
- Khazem, L.R. & Anestis, M.D.* (2018). Physical disabilities differentiate suicide ideators from attempt survivors above the influence of health conditions. Paper accepted for presentation at the 51st annual meeting of the American Association of Suicidology. Washington, DC.

- Khazem, L.R., Bauer, B.W., Rogers, M.L., Capron, D.W., Green, B.A., Joiner, T.E., & Anestis, M.D.* (2018). A closer examination of combat experience and the acquired capability for suicide in military personnel. Paper accepted for presentation at the 51st annual meeting of the American Association of Suicidology. Washington, DC.
- Pate, A. & Anestis, M.D.* (2018). Differences in suicidality among sexual minorities on the basis of race/ethnicity and non-binary gender identity. Paper accepted for presentation at the 51st annual meeting of the American Association of Suicidology. Washington, DC.
- Waitz-Kudla, S.N., & Anestis, M.D.* (2018). Text messaging behavior prior to death by suicide. Poster accepted for presentation at the 51st annual meeting of the American Association of Suicidology. Washington, DC.
- Waitz-Kudla, S.N., & Anestis, M.D.* (2018). Help-seeking behavior in socially conservative and Christian or Catholic individuals. Poster accepted for presentation at the 51st annual meeting of the American Association of Suicidology. Washington, DC.
- Anestis, M.D., Butterworth, S.E., & Houtsma, C.* (2017). Perceptions of firearms and suicide: The role of misinformation in storage practices and openness to means safety measures. Paper presented at the bi-annual meeting of the International Association of Suicide Research. Henderson, NV.
- Butterworth, S.E., & Anestis, M.D.* (2017). Political beliefs, region of residence, and openness to firearm-specific means safety measures to prevent suicide. Paper presented at the bi-annual meeting of the International Association of Suicide Research. Henderson, NV.
- Anestis, M.D., Khazem, L.R., & Anestis, J.C.* (2017). Differentiating suicide decedents who died using firearms from those who died using other methods. Paper presented at the 50th annual meeting of the American Association of Suicidology, Phoenix, AZ.
- Anestis, M.D., & Houtsma, C.* (2017). The association between gun ownership and statewide overall suicide rates. Paper presented at the 50th annual meeting of the American Association of Suicidology, Phoenix, AZ.
- Assavedo, B.A., Green, B.A., & Anestis, M.D.* (2017). Relative levels of the interpersonal theory of suicide constructs among civilians with multiple suicide attempts and military personnel. Paper presented at the 50th annual meeting of the American Association of Suicidology, Phoenix, AZ.
- Bartlett, B.A., Jardin, C., Nomaniukor, F., Martin, C., Tran, J.K., Buser, S., Anestis, M.D., & Vujanovic, A.A.* (article submitted). PTSD symptomatology and suicidality among firefighters: The moderating role of distress tolerance. Poster presented at the 33rd annual convention of the International Society for Traumatic Stress Studies. Chicago, IL.
- Drapeau, C.W., Titus, C., Cartwright, P., Peterson, K., Speed, K., & Anestis, M.D.* (2017). Longitudinal predictors of suicide risk and suicide attempt history among a general population sample of US adults. Symposium presented at the 50th annual meeting of the American Association of Suicidology, Phoenix, AZ.

- Houtsma, C. & Anestis, M. D.* (2017). Practical capability: The impact of handgun ownership among previous suicide attempters. Paper presented at the 50th annual meeting of the American Association of Suicidology (AAS), Phoenix, Arizona.
- Khazem, L.R. & Anestis, M.D.* (2017). Physical disability and suicidal ideation: Examining the roles of visibility, limitations in activities of daily living, and interpersonal factors. Paper presented at the 50th annual meeting of the American Association of Suicidology, Phoenix, AZ.
- Khazem, L.R., Jahn, D.R., Cukrowicz, K.C., & Anestis, M.D.* (2017). Health conditions, physical disabilities, perceived burdensomeness, and depressive symptoms influence suicidal ideation. Paper presented at the 50th annual meeting of the American Association of Suicidology, Phoenix, AZ.
- Law, K.C., & Anestis, M.D.* (2017). The Malleability of Pain and Potential Momentary Increases in the Capability for Suicide. In K.C. Law (Chair), *The Ideation-to-Action Framework: Journeying into a new frontier for understanding and preventing suicide*. Symposium presented at the 50th Annual meeting of the American Association of Suicidology (AAS). Phoenix, Arizona.
- Law, K.C., Khazem, L.R., Jin, H.M., & Anestis, M.D.,* (2017). Non-suicidal self-injury and frequency of suicide attempts: The role of pain persistence. Paper presented at the 50th Annual meeting of the American Association of Suicidology (AAS). Phoenix, Arizona.
- Martin, R.L., Bauer, B.W., Assavedo, B., Green, B.A., Capron, D.W., Anestis, M.D.* (2017). Internal Battles: Examining the Relationships Anger and Hostility Have with Suicidal Desire in Military and Civilian Samples. Paper Presented at the American Association of Suicidology Annual Meeting, Phoenix, AZ.
- Neely, L., Anestis, M.D., Ghahamanlou-Holloway, M., Griffis, H., & Schecter, O.* (2017). Innovative research efforts in support of the Defense Strategy for Suicide Prevention Strategic Directions. Panel discussion presented at the 50th annual meeting of the American Association of Suicidology, Phoenix, AZ.
- Butterworth, S.E., Green, B.A. & Anestis, M.D.* (2017). The association between specific combat experiences and aspects of the Interpersonal Theory of Suicide. Poster presented at 50th annual meeting of the American Association of Suicidology (AAS), Phoenix, Arizona.
- Butterworth, S.E., Houtsma, C., Anestis, J.C., & Anestis, M.D.* (2017). Investigating the relationship between social and economic policy views, firearm ownership, and death by firearm in sample of suicide decedents. Poster presented at the 50th annual meeting of the American Association of Suicidology (AAS), Phoenix, Arizona.
- Martin, R.L., Green, B.A., Capron, D.W., Anestis, M.D.* (2017). How Distress Tolerance Mediates the Relationship Between PTSD and the Interpersonal Theory of Suicide in a Military Sample. Poster presented at the American Association of Suicidology Annual Meeting, Phoenix, Arizona.

- Pate, A. & Anestis, M.D.* (2017). Comparison of suicidality among heterosexual and sexual minority individuals. Poster presented at the 50th annual meeting of the American Association of Suicidology (AAS), Phoenix, Arizona.
- Anestis, M.D., & Capron, D.W.* (2016). The associations between state veteran population rates, handgun legislation, and statewide suicide rates. Paper presented at the 49th annual conference of the American Association of Suicidology. Chicago, IL.
- Anestis, M.D., & Capron, D.W.* (2016). The Suicide Proxy Task: An investigation of persistence through pain and distress and an amplifier of the relationship between suicidal ideation and suicidal behavior. Paper presented at the 49th annual conference of the American Association of Suicidology. Chicago, IL.
- Assavedo, B.L, Khazem, L.R., & Anestis, M.D.* (2016). The mediating role of negative beliefs about the future and depressive symptoms in suicidal ideation among individuals with health conditions. Poster presented at the 49th annual conference of the American Association of Suicidology. Chicago, IL.
- Assavedo, B.L., Tull, M.T., Gratz, K.L., & Anestis, M.D.* (2016). Examining the association between psychotropic medication usage and suicidal desire and risk. Poster presented at the 49th annual conference of the American Association of Suicidology. Chicago, IL.
- Houtsma, C., & Anestis, M.D.* (2016). Who is in control? An examination of the relationship between locus of control, emotion dysregulation, and suicidal desire. Poster to be presented at the 49th annual conference of the American Association of Suicidology. Chicago, IL.
- Jacobs, C.M., Woodmansee, A.K., Law, K.C., & Anestis, M.D.* (2016). The effect of alcohol use and impulsivity on emotion dysregulation. Poster presented at the 49th annual conference of the American Association of Suicidology. Chicago, IL.
- Jin, H.M., & Anestis, M.D.* (2016). Pain persistence in individuals with lifetime NSSI and suicidal behavior. Poster presented at the 49th annual conference of the American Association of Suicidology. Chicago, IL.
- Khazem, L.R., & Anestis, M.D.* (2016). The measurement of cognitive biases toward perceived burdensomeness and thwarted belongingness through the use of a modified Stroop task. Paper presented at the 49th annual conference of the American Association of Suicidology. Chicago, IL.
- Khazem, L.R., Houtsma, C., Gratz, K.L., Tull, M.T., Green, B.A., & Anestis, M.D.* (2016). Firearms matter: The moderating role of firearm storage on the association between current suicidal ideation and imminent suicide risk amongst United States military personnel. Paper presented at the 49th annual conference of the American Association of Suicidology. Chicago, IL.
- Law, K.C., & Anestis, M.D.* (2016). Transitions from suicidal ideation to action: The influence of changes in agitation following rumination on different emotions. Paper presented at the 49th annual conference of the American Association of Suicidology. Chicago, IL.

- Law, K.C., Khazem, L.R., & Anestis, M.D.* (2016). Emotion dysregulation in the transition from suicidal ideation to action. Paper presented at the 49th annual conference of the American Association of Suicidology. Chicago, IL.
- Woodmansee, A.K., Jacobs, C.M., Law, K.C., & Anestis, M.D.* (2016). The relationship between rumination induced shame and suicidal ideation. Poster presented at the 49th annual conference of the American Association of Suicidology. Chicago, IL.
- Woodmansee, A.K., Jacobs, C.M., Law, K.C., & Anestis, M.D.* (2016). Predicting perceived burdensomeness and thwarted belongingness using subscales of the borderline symptom list. Poster presented at the 49th annual conference of the American Association of Suicidology. Chicago, IL.
- Anestis, M.D., & Anestis, J.C.** (2015). Suicide rates and state laws regulating access and exposure to handguns. Paper presented at the bi-annual conference of the International Association for Suicide Research. New York, New York.
- Anestis, M.D., & Green, B.A.** (2015). Thwarted belongingness and future suicidal ideation amongst US military personnel. In M. Anestis & A. Chapman (Co-Chairs), Novel methods in the prediction of suicidal and non-suicidal self-directed violence. Symposium presented at the 49th annual convention of the Association for Behavioral and Cognitive Therapies. Chicago, Illinois.
- Martin, R.L., Green, B.A., & Anestis, M.D.* (2015). How post-battle experiences relate to the interpersonal-psychological theory of suicide in a US Army National Guard personnel. Paper presented at the bi-annual conference of the International Association for Suicide Research. New York, New York.
- Houtsma, C., Green, B.A., & Anestis, M.D.* (2015). The influence of suicidal desire, distress tolerance, and access to firearms in the salience of suicide within the US Military. Poster presented at the 49th annual conference of the American Association of Suicidology. Chicago, Illinois.
- Khazem, L.R., Jahn, D., Cukrowicz, K.C., & Anestis, M.D.* (2015). The roles of perceived burdensomeness and depression in the development of suicidal ideation in individuals with physical disabilities. Paper presented at the bi-annual conference of the International Association for Suicide Research. New York, New York.
- Pennings, S.M., Finn, J.R., Houtsma, C., & Anestis, M.D.* (2015). Clarifying the association between the posttraumatic stress disorder numbing symptom cluster and the desire for death in a military sample. Paper presented at the bi-annual conference of the International Association for Suicide Research. New York, New York.
- Anestis, M.D.** (2015). Suicide in the US Military: Findings from an ongoing longitudinal study. Invited paper presented at the 48th annual conference of the American Association of Suicidology. Atlanta, Georgia.
- Anestis, M.D., Khazem, L.R., Law, K.C., Houtsma, C., LeTard, R., Moberg, F., & Martin, R.** (2015). The association between state laws regulating handgun ownership and statewide suicide rates. Paper presented at the 48th annual conference of the American Association of Suicidology. Atlanta, Georgia.

- Kleiman, E.M., **Anestis, M.D.**, Green, B.A., Blalock, D., & Young, K.C. (2015). Too much of a good thing? Grit's non-linear relationship with suicidal ideation. In D. Disabato and K.A. Mitchell (co-chairs) *Personality strengths in context: When to use them and when to lose them*. Symposium presented at the 27th annual convention of the Association for Psychological Science. New York, New York.
- Pennings, S.M.*, & **Anestis, M.D.** (2015). The impact of grit on the relationship between hopelessness and suicidality. Paper presented at the 48th annual conference of the American Association of Suicidology. Atlanta, Georgia.
- Law, K.C.*, & **Anestis, M.D.** (2015). Rumination on sadness vs. anger and its contribution to suicide risk. Paper presented at the 48th annual conference of the American Association of Suicidology. Atlanta, Georgia.
- Khazem, L.R.*, *Law, K.C.*, Green, B.A., & **Anestis, M.D.** (2015). The relationship between coping strategies and suicidal desire: An examination in US military personnel. Paper presented at the 48th annual conference of the American Association of Suicidology. Atlanta, Georgia.
- Martin, R.L.*, & **Anestis, M.D.** (2015). Support systems: How post-deployment support impacts hopelessness. Poster presented at the 48th annual conference of the American Association of Suicidology. Atlanta, Georgia.
- Moberg, F.B.*, & **Anestis, M.D.** (2015). Thwarted belongingness in relation to face-to-face and online interactions. Poster presented at the 48th annual conference of the American Association of Suicidology. Atlanta, Georgia.
- Pennings, S.M.*, & **Anestis, M.D.** (2015). The differential relationships between the subtypes of narcissism and the subcomponents of the interpersonal psychological theory of suicidal behavior. Poster presented at the 48th annual conference of the American Association of Suicidology. Atlanta, Georgia.
- Adah, J.E.*, *Law, K.C.*, & **Anestis, M.D.** (2015). The relationship between rumination and suicidal desire moderated by reassurance seeking. Poster presented at the 48th annual conference of the American Association of Suicidology. Atlanta, Georgia.
- Adams, E.*, *Law, K.C.*, & **Anestis, M.D.** (2015). Moderating effects of excessive reassurance seeking on emotion dysregulation, thwarted belongingness, and perceived burdensomeness. Poster presented at the 48th annual conference of the American Association of Suicidology. Atlanta, Georgia.
- Moberg, F.B.*, *Law, K.C.*, & **Anestis, M.D.** (2015). The impact of internet use on the relationship between rumination and suicidal desire. Poster presented at the 48th annual conference of the American Association of Suicidology. Atlanta, Georgia.
- Houtsma, C.*, *Khazem, L.R.*, Green, B.A., & **Anestis, M.D.** (2015). Moral injury and thwarted belongingness: The potential importance of post-deployment support for US troops. Poster presented at the 48th annual conference of the American Association of Suicidology. Atlanta, Georgia.

- Khazem, L.R., Jahn, D., Cukrowicz, K.C., & Anestis, M.D.* (2015). Physical disability and suicide risk: An examination of constructs of the interpersonal-psychological theory of suicide. Poster presented at the 48th annual conference of the American Association of Suicidology. Atlanta, Georgia.
- Martin, R.L., Khazem, L.R., Houtsma, C., & Anestis, M.D.* (2015). Betrayal and belongingness: Examining moral injury and the interpersonal-psychological theory of suicide. Poster presented at the 48th annual conference of the American Association of Suicidology. Atlanta, Georgia.
- Bryan, A.O., Bryan, C.J., Morrow, C.E., Etienne, N., Ray-Sannerud, B.N., **Anestis, M.D.**, & Green, B.A. (2014). Moral injury, suicidal thoughts, and suicide attempts in a military clinical sample. In C.J. Bryan (Chair), Suicidal belief system among military personnel and veterans. Paper presented at the 48th annual conference of the Association for Behavioral and Cognitive Therapies. Philadelphia, Pennsylvania.
- Pennings, S.M., Green, B.A., & Anestis, M.D.* (2014). Mediating role of emotion dysregulation in the relationship between vulnerable narcissism and the desire for death. Poster presented at the 48th annual conference of the Association for Behavioral and Cognitive Therapies. Philadelphia, Pennsylvania.
- Pennings, S.M., Green, B.A., & Anestis, M.D.* (2014). Clarifying the relationship between grit and the components of suicide risk. Poster presented at the 48th annual conference of the Association for Behavioral and Cognitive Therapies. Philadelphia, Pennsylvania.
- Law, K.C., Khazem, L.R., & Anestis, M.D.* (2014). The effect of coping styles on blame attribution and negative affect. Poster presented at the 48th annual conference of the Association for Behavioral and Cognitive Therapies. Philadelphia, Pennsylvania.
- Law, K.C., Khazem, L.R., & Anestis, M.D.* (2014). The effect of type of rumination on blame attribution and depression. Poster presented at the 48th annual conference of the Association for Behavioral and Cognitive Therapies. Philadelphia, Pennsylvania.
- Assavedo, B.L., Law, K.C., & Anestis, M.D.* (2014). Examining the relationship between nonsuicidal self-injury and suicidal desire: Frequency versus number of methods utilized. Poster presented at the 48th annual conference of the Association for Behavioral and Cognitive Therapies. Philadelphia, Pennsylvania.
- Moberg, F.B., Law, K.C., Green, B., & Anestis, M.D.* (2014). Facets of impulsivity and their relationship to nonsuicidal self-injury frequency and number of methods. Poster presented at the 48th annual conference of the Association for Behavioral and Cognitive Therapies. Philadelphia, Pennsylvania.
- Khazem, L.R., Law, K.C., Green, B.A., & Anestis, M.D.* (2014). Coping strategies and suicidal desire in a military sample. Poster presented at the 48th annual conference of the Association for Behavioral and Cognitive Therapies. Philadelphia, Pennsylvania.
- Khazem, L.R., Law, K.C., Green, B.A., & Anestis, M.D.* (2014). PTSD, Combat, and Impulsivity: Predictors of alcohol use in a military sample. Poster presented at the 48th annual conference of the Association for Behavioral and Cognitive Therapies. Philadelphia, Pennsylvania.

- Khazem, L.R., Law, K.C., Green, B.A., & Anestis, M.D.* (2014). The number of NSSI methods as a predictor of PTSD: Differences between student and military samples. Poster presented at the 48th annual conference of the Association for Behavioral and Cognitive Therapies. Philadelphia, Pennsylvania.
- Jacobs, C., Law, K.C., Yiu, A., Turner, B.J., & Anestis, M.D.* (2014). The effect of eating disorder type and impulsivity on distress tolerance and emotion dysregulation. Poster presented at the 48th annual conference of the Association for Behavioral and Cognitive Therapies. Philadelphia, Pennsylvania.
- Zawilinski, L.L., Brawner, C.T., Hopkins, T.A., Green, B.A., & Anestis, M.D.* (2014). An investigation of expressed emotion, thwarted belongingness, and inward anger expression in a sample of collateral informants. Poster presented at the 48th annual conference of the Association for Behavioral and Cognitive Therapies. Philadelphia, Pennsylvania.
- James, J.S., May, A.M., Arnau, R.C., Selby, E.A., Bryan, C.J., Joiner, T.E., Klonsky, E.D., & Anestis, M.D.* (2014). Suicidal plans and preparations predict attitudes toward suicide. Poster presented at the 48th annual conference of the Association for Behavioral and Cognitive Therapies. Philadelphia, Pennsylvania.
- Zawilinski, L.L., Hopkins, T.A., Brawner, C.T., Green, B.A., & Anestis, M.D.* (2014). Expressed emotion, relationship satisfaction, and coping in collateral informants: A preliminary report. Poster presented at the 26th annual conference of the Association for Psychological Science. San Francisco, CA.
- Anestis, M.D.,** Bryan, C.J., May, A.M., Law, K.C., Hagan, C.R., *Khazem, L.R.,* Magbuhat, A.D., Chu, C., Bryan, A.O., Williams, J., Lotze, N., Smith, H.A., Klonsky, E.D., Selby, E.A., & Joiner, T.E. (2014). Dangerous words? Examining the impact of detailed reporting about suicide. Paper presented at the 47th annual conference of the American Association for Suicidology. Los Angeles, California.
- Anestis, M.D.,** & Selby, E.A. (2014). Lethal pursuit: The importance of persistence in suicidal behavior. Paper presented at the 47th annual conference of the American Association for Suicidology. Los Angeles, California.
- Assavedo, B.L., & Anestis, M.D.* (2014). Examining the relationship between non-suicidal self-injury and suicidal desire: NSSI frequency and thwarted belongingness. Poster presented at the 47th annual conference of the American Association for Suicidology. Los Angeles, California.
- Moberg, F.B., & Anestis, M.D.* (2014). The relationship between social networking, internet use, and suicidal desire. Poster presented at the 47th annual conference of the American Association for Suicidology. Los Angeles, California.
- Pennings, S.M., & Anestis, M.D.* (2014). Examining the impact of vulnerable narcissism on suicidal desire. Poster presented at the 47th annual conference of the American Association for Suicidology. Los Angeles, California.

- Khazem, L.R., Law, K.C., & Anestis, M.D.* (2014). The effects of perseverance and distress tolerance on suicidal desire. Poster presented at the 47th annual conference of the American Association for Suicidology. Los Angeles, California.
- Law, K.C., Khazem, L.R., & Anestis, M.D.* (2014). An examination of the moderating effect of emotion dysregulation on the relationship between distress tolerance and suicidal desire. Poster presented at the 47th annual conference of the American Association for Suicidology. Los Angeles, California.
- Pennings, S.M., Anestis, M.D., & Williams, T.* (2014). Preliminary results from an examination of episodic planning in suicidal behavior. Poster presented at the 47th annual conference of the American Association for Suicidology. Los Angeles, California.
- Anestis, M.D.** (2013). Lethal self-harm does not occur on a whim. In M. Anestis & A. Dombrovski (Co-Presenters), Re-defining impulsivity in suicidal behavior: Insights from psychological, behavioral, and brain imaging studies. Plenary talk presented at the 46th annual conference of the American Association for Suicidology. Austin, Texas.
- Anestis, M.D.,** Tull, M.T., Lavender, J.M., & Gratz, K.L. (2013). The explanatory role of non-suicidal self-injury in the relationship between impulsivity and suicidal behavior amongst inpatients receiving treatment for substance use disorders. In E. Kleiman (Chair), Current status and new directions in suicide research: The interpersonal-psychological theory of suicide and beyond. Seminar discussion and presentation to be made at the 47th annual convention of the Association for Behavioral and Cognitive Therapies. Nashville, Tennessee.
- Anestis, M.D.,** Wonderlich, S.A., Crosby, R.D., & Engel, S.G. (2013). The mediating role of non-suicidal self-injury in the relationship between affective lability and suicidal behavior amongst women diagnosed with bulimia nervosa. In B. Turner (Chair), Pathways in co-occurring NSSI, disordered eating, and suicide: Emerging research. Seminar discussion and presentation made at the 8th annual convention of the International Society for the Study of Self-Injury. Vancouver, British Columbia.
- Assavedo, B.L., & Anestis, M.D.* (2013). Examining the role of EDI-Bulimia within the interpersonal-psychological theory of suicidal behavior in both an undergraduate and clinical sample. Poster to be presented at the 47th annual conference of the Association for Behavioral and Cognitive Therapies. Nashville, Tennessee.
- Pennings, S.M., & Anestis, M.D.* (2013). Discomfort intolerance and the acquired capability for suicide. Poster to be presented at the 47th annual conference of the Association for Behavioral and Cognitive Therapies. Nashville, Tennessee.
- Pennings, S.M., Williams, T.J., Arnau, R.C., & Anestis, M.D.* (2013). The effect of stoicism on thwarted belongingness. Poster to be presented at the 47th annual conference of the Association for Behavioral and Cognitive Therapies. Nashville, Tennessee.
- Knorr, A.C., Bennett, M., Tull, M.T., Dixon-Gordon, K.L., Anestis, M.D., & Gratz, K.L.* (2013). Examining the interactive effect of major depression and deliberate self-harm on current suicide risk. Poster to be presented at the 47th annual conference of the Association for Behavioral and Cognitive Therapies. Nashville, Tennessee.

- Hopkins, T.A., Zawlinski, L.Z., Wonderlich, S.A., Crosby, R.D., Engel, S.G., Anestis, M.D., & Green, B.A. (2013). Non-suicidal self-injury in bulimia nervosa: Examining BMI and specific eating disordered behaviors in the context of personality and psychopathology. Poster to be presented at the 47th annual conference of the Association for Behavioral and Cognitive Therapies. Nashville, Tennessee.*
- Assavedo, B.L., Tull, M.T., Gratz, K.L., & Anestis, M.D. (2013). Examining the relationship between drug class and NSSI: Depressant usage and NSSI frequency. Poster presented at the 8th annual conference of the International Society for the Study of Self-Injury. Vancouver, British Columbia.*
- Pennings, S., Anestis, M.D., Gratz, K.L., Lavender, J.M., & Tull, M.T. (2013). Examining the relationship between posttraumatic stress disorder numbing symptoms and thwarted belongingness. Poster presented at the 46th annual conference of the American Association for Suicidology. Austin, Texas.*
- Pennings, S., Anestis, M.D., Tull, M.T., Lavender, J.M., & Gratz, K.L. (2013). The effect of NSSI on the relationship between emotion dysregulation and suicidal behavior. Poster presented at the 46th annual conference of the American Association for Suicidology. Austin, Texas.*
- Knorr, A., Anestis, M.D., Tull, M.T., & Gratz, K.L. (2013). The role of emotion dysregulation in deliberate self-harm and suicide. Poster presented at the 46th annual conference of the American Association for Suicidology. Austin, Texas.*
- Lavender, J.M., De Young, K.P., Anestis, M.D., Wonderlich, S.A., Crosby, R.D., Engel, S.G., Mitchell, J.E., Crow, S., Peterson, C.B., & le Grange, D. (2013). Examining Associations between Retrospective versus Ecological Momentary Assessment Measures of Affect and Eating Disorder Symptoms in Anorexia Nervosa, Poster presented at the annual International Conference on Eating Disorders. Montreal, Quebec, Canada.*
- Pennings, S., Gratz, K.L., Tull, M.T., Lavender, J.M., & Anestis, M.D. (2013). The role of NSSI in the relationship between distress tolerance and suicidal behavior in a clinical sample. Poster presented at the 46th annual conference of the American Association for Suicidology. Austin, Texas.*
- Anestis, M.D. (2012). Reaching out through cyberspace: The use of blogs as a dissemination tool for evidence-based mental health care. In A. Macari (Chair), Spreading the message: Using media to promote principles of behavior change. Panel discussion held at the 46th annual convention of the Association for Behavioral and Cognitive Therapies. National Harbor, Maryland.*
- Gauthier, J.M., Zuromski, K.L., Witte, T.K., Gitter, S., Gordon, K.H., Ribeiro, J., Anestis, M.D., & Joiner, T.E. (2012). Interpersonal theory of suicide and violent video games: The effect of exposure to virtual violence. Poster presented at the 46th annual convention of the Association for Behavioral and Cognitive Therapies. National Harbor, Maryland.*
- Anestis, M.D., Gratz, K.L., Bagge, C.L., & Tull, M.T. (2011). The interplay of distress tolerance and borderline personality disorder in suicide attempts among substance users in residential treatment. In M.D. Anestis (chair), Emotion dysregulation and suicide: Evidence of a robust and paradoxical relationship. Seminar discussion and presentation*

- made at the 45th annual convention of the Association for Behavioral and Cognitive Therapies. Toronto, Ontario.
- Anestis, M.D.,** Tull, M.T., Gratz, K.L., & Bagge, C.L. (2011). The moderating role of distress tolerance in the relationship between posttraumatic stress disorder symptom clusters and suicidal behavior in a sample of substance users in residential treatment. In A.C. McLeish (Chair), *Distress tolerance and substance use: Recent findings and treatment implications*. Seminar discussion and presentation made at the 45th annual convention of the Association for Behavioral and Cognitive Therapies. Toronto, Ontario.
- Anestis, M.D.,** Coffey, S.F., Schumacher, J.A., & Tull, M.T. (2011). *Low affective lability and affective intensity strengthen the relationship between non-suicidal self-injury and suicidal behavior*. Poster presented at the 45th annual convention of the Association for Behavioral and Cognitive Therapies. Toronto, Ontario.
- Anestis, M.D.,** Lavender, J.M., Marshall-Berenz, E.C., Gratz, K.L., Tull, M.T., & Joiner, T.E. (2011). *Evaluating distress tolerance measures: Interrelations and associations with impulsive behaviors*. Poster presented at the 45th annual convention of the Association for Behavioral and Cognitive Therapies. Toronto, Ontario.
- Anestis, M.D.,** Bagge, C.L., Tull, M.T., & Joiner, T.E. (2011). *Clarifying the role of emotion dysregulation in the interpersonal-psychological theory of suicidal behavior in an undergraduate sample*. Poster presented at the 45th annual convention of the Association for Behavioral and Cognitive Therapies. Toronto, Ontario.
- Anestis, M.D.,** Tull, M.T., & Gratz, K.L. (2011). *The moderating role of distress tolerance in the relationship between posttraumatic stress disorder and suicidal behavior*. Poster presented at the 31st annual convention of the Anxiety Disorder Association of America, New Orleans, LA.
- Anestis, J.C., **Anestis, M.D.,** & Joiner, T.E. (2011). *Understanding the relationship between suicidality and psychopathy: An examination of Joiner's interpersonal-psychological theory of suicide*. Poster presented at the 45th annual convention of the Association for Behavioral and Cognitive Therapies. Toronto, Ontario.
- Anestis, M.D.,** & Joiner, T.E. (2010). *Examining the role of emotion in suicidality: Negative urgency as an amplifier of the relationship between components of the interpersonal-psychological theory of suicidal behavior and lifetime number of suicide attempts*. Seminar discussion and presentation at the 44th annual convention of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.
- Selby, E.A., **Anestis, M. D.,** Bender, T. W., & Joiner, T.E. (2008). *Emotional cascades and borderline personality disorder*. Poster presented at the 42nd Annual Association for Behavioral and Cognitive Therapies, Orlando, FL.
- Selby, E.A., **Anestis, M.D.,** Bender, T.W., & Joiner, T.E. (2007). *Daydreaming about death: Violent daydreaming as a form of emotion dysregulation in suicidality*. Poster presented at the 41st Annual Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- Gordon, K.H., Selby, E.A., Bender, T.W., **Anestis, M.D.,** Braithwaite, S.R., Witte, T.K. & Joiner, T.E. (2007). *The reinforcing properties of non-suicidal self-injurious behavior*. Seminar

presentation and discussion at the 41st annual Convention for the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.

Anestis, M.D., Selby, E.A., & Joiner, T.E. (2006). *Urgency and mood lability as risk factors for bulimia nervosa in individuals who utilize generally adaptive cognitive emotion regulation strategies*. Poster presented at the 40th annual convention of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

Anestis, M.D., Selby, E.A., & Joiner, T.E. (2006). *Interoceptive awareness, urgency, and mood lability as risk factors for perceived helplessness and cognitive inflexibility*. Poster presented at the 40th annual convention of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

Selby, E.A., **Anestis, M.D.**, Bender, T.W. & Joiner, T.E. (2006). *Burdensomeness and belongingness mediate the relationship between depression and hopelessness*. Poster presented at the 40th Annual Convention for the Association for Behavioral and Cognitive Therapies, Chicago, IL.

Selby, E.A., **Anestis, M.D.**, & Joiner, T.E. (2006). *An emotion dysregulation model of bulimia nervosa*. Poster presented at the 40th Annual Convention for the Association for Behavioral and Cognitive Therapies, Chicago, IL.

Honors

Edwin S. Shneidman Award – American Association of Suicidology (2018). Award given to the most influential suicide researcher under age 40 and within 10 years of receiving his or her doctoral degree.

University of Southern Mississippi College of Education and Psychology Outstanding Faculty Research Award (2017). College level award given to the faculty member who has made the most robust contribution to the research literature of his or her field.

Association for Psychological Science Rising Star (2015). Award given to early career professors whose research accomplishments speak to a likelihood of major career contributions to the field.

Association for Behavioral and Cognitive Therapies President's New Researcher Award (2014). Award given to recognize research accomplishments by an individual who received his or her Ph.D. within the previous five years.

Nina Bell Suggs Endowed Professorship (2014). Endowed professorship awarded to the junior faculty member at the University of Southern Mississippi determined to have the greatest potential to make a substantial contribution to his or her field of expertise.

University of Southern Mississippi College of Education and Psychology Junior Faculty Award (2014). College level award given to the tenure track faculty member at the rank of assistant professor with the strongest record of accomplishments across the domains of research, teaching, and service.

University of Southern Mississippi Junior Faculty Research Award (2014). University level award given to tenure track faculty member at rank of assistant professor with the strongest record of research accomplishments.

Resident Outstanding Contribution to the Consortium Award (2011). Award given for greatest overall contribution to the pre-doctoral internship program at the Clinical Psychology Residency Training Program in Jackson, MS.

Leonard Krasner Student Dissertation Award (2009). \$1,000 award given by the Association for Cognitive and Behavioral Therapies to one student for a dissertation project relevant to behavior therapy.

Florida State University Teaching Fellowship: Award included \$6,400 paid over the course of 2005-2006 academic year.

Teaching Experience

University of Southern Mississippi (2013-present). Adult Psychopathology.

University of Southern Mississippi (2013-present). Clinical Psychology Practicum.

University of Southern Mississippi (2013-present). Empirically Supported Treatments for Adults.

University of Southern Mississippi (2012-present). Abnormal Psychology.

University of Southern Mississippi (2016-present). Research Methods.

Florida State University (2007-2010). Abnormal Psychology.

Florida State University (2006-2007). Research Methods in Psychology Laboratory.

Editor & Reviewer Experience

Consulting Editor, *Suicide and Life-Threatening Behavior*

Editorial Board, *Cognitive Therapy and Research*

Co-Editor, *International Journal of Cognitive Therapy*. Special issue: "Recent Advances in Suicide Research: Mediators and Moderators of Risk and Resilience." 2015.

Co-Editor, *Current Opinion in Psychology*. Special issue: "Suicide." 2018.

Ad Hoc Reviewer:

Appetite

Archives of Suicide Research

Assessment

Behaviour Research and Therapy

Behavior Therapy

BMC Psychiatry

BMC Public Health

British Journal of Psychiatry

Child Abuse & Neglect

Clinical Psychology Review

Cognitive Therapy and Research

Criminal Justice and Behavior
Crisis: The Journal of Crisis Intervention and Suicide Prevention
Death Studies
Depression & Anxiety
International Journal of Cognitive Therapy
Journal of Abnormal Psychology
Journal of Affective Disorders
Journal of Clinical Psychology
Journal of Consciousness: Theory, Research, and Practice
Journal of Consulting and Clinical Psychology
Journal of Nervous and Mental Disease
Journal of Personality
Journal of Personality Disorders
Journal of Psychiatric Research
Journal of Psychopathology and Behavioral Assessment
Lancet Psychiatry
Personality and Individual Differences
Personality Disorders: Theory, Research, and Treatment
PLoS One
Psychiatry Research
Psychology and Psychotherapy: Theory, Research, and Practice
Psychology of Addictive Behaviors
Scandinavian Journal of Psychology
Social Psychological and Personality Science
Suicide and Life Threatening Behavior
Suicidology Online
Women and Health

Professional Affiliations

Association for Behavioral and Cognitive Therapies (ABCT)

- *Program Committee (2012-present)*

American Association of Suicidology (AAS)

- *Program Committee (2014)*
- *Conference Chair (2015)*
- *Listserv moderator (2015-present)*
- *Chair, Committee for Development of Policy Statement on Firearms and Suicide (2017-2018)*
- *Co-Chair, Firearms and suicide special interest group (2018-present)*

Military Suicide Research Consortium (MSRC)

- *Faculty Member, MSRC Pre-Conference Training Day (2014, 2015, 2016, 2017, 2018)*

Society for a Science of Clinical Psychology (SSCP)

- *Member, SSCP Student Outstanding Researcher Review Committee*
- *Member, Varda Shoham Clinical Scientist Training Initiative Committee*