

Samantha E. Daruwala
samantha.daruwala@usm.edu

EDUCATION

University of Southern Mississippi (USM), Hattiesburg, MS 2020 – Present
Clinical Psychology Doctoral Program (Adult Track)
Major Professor: Michael D. Anestis, Ph.D.

University of Southern Mississippi (USM), Hattiesburg, MS 2017 – 2020
Master of Arts in Psychology
Master's Thesis: Willingness to Seek Professional Help for Suicidal Thoughts:
The Role of Masculine Norms and Self-Stigma in Service Members
Major Professor: Michael D. Anestis, Ph.D.

University of Maryland (UMD), College Park, MD 2013 – 2014
Master of Professional Studies, Clinical Psychological Science

University of Maryland (UMD), College Park, MD 2008 – 2011
Bachelor of Science, Psychology

PEER-REVIEWED PUBLICATIONS

ACCEPTED/IN PRESS

- ²⁵ Anestis, M.D., Bond, A.E., **Daruwala, S.E.**, Bandel, S.L., & Bryan, C.J. (in press). Suicidal ideation among individuals who have purchased firearms during COVID-19. *American Journal of Preventive Medicine*.
- ²⁴ Anestis, M.D. & **Daruwala, S.E.** (in press). The association between beliefs about the centrality of mental illness in gun violence and general firearm beliefs and behaviors. *Psychology of Violence*.
- ²³ Anestis, M.D., Bandel, S.L., Bond, A.E., **Daruwala, S.E.**, & Bryan, C.J. (2020). Suicide risk and firearm ownership and storage behavior in a large military sample. *Psychiatry Research*. Advance Online Publication.
- ²² Shanaz, A., Bauer, B., **Daruwala, S.**, & Klonsky, D. (2020). Exploring the scope and structure of suicide capability. *Suicide and Life-Threatening Behavior*. Advance Online Publication.
- ²¹ Martin, R.L., Bauer, B.W., Smith, N.S., **Daruwala, S.**, Green, B.A., Anestis, M.D., Capron, D.W. (2020). Internal battles: Examining the relationships anger and hostility have with suicidal desire variables in military and civilian Samples. *Suicide and Life-Threatening Behavior*, 50(4), 805-822.

- ²⁰ Butterworth, S.E., **Daruwala, S.E.**, & Anestis, M.D. (2020). The role of reason for firearm ownership in beliefs about firearms and suicide, openness to means safety, and current firearm storage. *Suicide and Life-Threatening Behavior*, 50(4), 617-630.
- ¹⁹ Ryan, A., **Daruwala, S.E.**, Perera, K.U., Lee-Tauler, S., Tucker, J., Grammer, G., Weaver, J., Novak, L., & Ghahramanlou-Holloway, M. (2020). Relationship between trauma exposure and psychiatric hospitalization for suicide ideation or suicide attempt among patients admitted to a military treatment setting. *International Journal of Environmental Research and Public Health*, 17(8), 2729-2740.
- ¹⁸ **Daruwala, S. E.**, Bandel, S. L., Houtsma, C., Butterworth, S. E., & Anestis, M. D. (2019). Conservative beliefs, male gender, and beliefs About means safety among firearm owners. *Cognitive Therapy and Research*, 44(1), 1-9.
- ¹⁷ Anestis, M.D., Houtsma, C., **Daruwala, S.E.**, & Butterworth, S.E. (2019). Firearm legislation and statewide suicide rates: The moderating role of household firearm ownership levels. *Behavioral Sciences & Law*, 37(3), 270-280.
- ¹⁶ Anestis, M.D., **Daruwala, S.E.**, & Neil, C. (2019). Suicide attempt trends leading up to and following gun lock changes in the 2013 National Defense Authorization Act. *Journal of Aggression, Conflict and Peace Research*, 11(2), 100-108.
- ¹⁵ Anestis, M.D., **Daruwala, S.**, & Capron, D. W. (2019). Firearm ownership, means safety, and suicidality. *Suicide and Life-Threatening Behavior*, 49(4), 1044-1057.
- ¹⁴ Waitz-Kudla, S.N., **Daruwala, S.E.**, Houtsma, C., & Anestis, M.D. (2019). Help seeking behavior in socially conservative and Christian or Catholic suicide decedents. *Suicide and Life-Threatening Behavior*, 49(6), 1513-1522.
- ¹³ **Daruwala, S.E.**, LaCroix, J., Perera, K., Tucker, J., Colborn, V., Weaver, J., Soumoff, A., & Ghahramanlou-Holloway, M. (2018). Suicide ideation and self-efficacy to avoid suicidal action among psychiatrically hospitalized military personnel. *Psychiatry Research*, 270, 1131-1136.
- ¹² **Daruwala, S.E.**, Butterworth, S.E., & Anestis, M.D. (2018). Perspectives on firearm storage safety as a suicide prevention tool among those exposed to suicide: The role of perceived closeness to the suicide decedent. *Psychiatry Research*, 269, 437-443.
- ¹¹ Butterworth, S.E., **Daruwala, S.E.**, & Anestis, M.D. (2018). Firearm storage and shooting experience: Factors relevant to the practical capability for suicide. *Journal of Psychiatric Research*, 102, 52-56.
- ¹⁰ Colborn, V.A., LaCroix, J.M., Neely, L.L., Tucker, J., Perera, K., **Daruwala, S.E.**, Grammer, G., Weaver, J., & Ghahramanlou-Holloway, M. (2017). Motor impulsivity differentiates between psychiatric military inpatients with multiple versus single lifetime suicide attempts. *Psychiatry Research*, 253, 18-21.

- ⁹ Augenstein, T.M., Thomas, S.A., Ehrlich, K.B., **Daruwala, S.E.**, Reyes, S.M., & De Los Reyes, A. (2016). Comparing multi-informant assessment measures of parental monitoring and their links with adolescent delinquent behavior. *Parenting: Science and Practice, 16*, 164-186.
- ⁸ Lipton, M.F., Weeks, J.W., **Daruwala, S.E.**, & De Los Reyes, A. (2016). Profiles of social anxiety symptoms and impulsivity among college students: A close examination of profile differences in externalizing behavior. *Journal of Psychopathology and Behavioral Assessment, 38*, 465-475.
- ⁷ Van Sickle, M., Tucker, J., **Daruwala, S.E.**, & Ghahramanlou-Holloway, M. (2016). Development and psychometric evaluation of the military suicide attitudes questionnaire (MSAQ). *Journal of Affective Disorders, 203*, 158-165.
- ⁶ De Los Reyes, A., Augenstein, T.M., Aldao, A., Thomas, S.A., **Daruwala, S.E.**, Kline, K., & Regan, T. (2015). Implementing psychophysiology in clinical assessments of adolescent social anxiety: Use of rater judgments based on graphical representations of psychophysiology. *Journal of Clinical Child and Adolescent Psychology, 44*, 264-279.
- ⁵ Thomas, S.A., Weeks, J.W., Dougherty, L.R., Lipton, M., **Daruwala, S.E.**, Kline, K., & De Los Reyes, A. (2015). Allelic variation of risk for anxiety symptoms interacts with adolescent safety behaviors in relation to social anxiety symptoms. *Journal of Psychopathology and Behavioral Assessment, 37*, 597- 610.
- ⁴ De Los Reyes, A., Lerner, M.D., Thomas, S.A., **Daruwala, S.E.**, & Goepel, K.A. (2013). Discrepancies between parent and adolescent beliefs about daily life topics and performance on an emotion recognition task. *Journal of Abnormal Child Psychology, 41*, 971-982.
- ³ De Los Reyes, A., Salas, S., Menzer, M.M., & **Daruwala, S.E.** (2013). Criterion validity of interpreting scores from multi-informant statistical interactions as measures of informant discrepancies in psychological assessments of children and adolescents. *Psychological Assessment, 25*, 509-519.
- ² De Los Reyes, A., Aldao, A., Thomas, S.A., **Daruwala, S.E.**, Swan, A.J., Van Wie, M., Goepel, K.A., & Lechner, W. (2012). Adolescent self-reports of social anxiety: Can they disagree with objective psychophysiological measures and still be valid? *Journal of Psychopathology and Behavioral Assessment, 34*, 308-322.
- ¹ Thomas, S.A., **Daruwala, S.E.**, Goepel, K.A., & De Los Reyes, A. (2012). Using the Subtle Avoidance Frequency Examination in adolescent social anxiety assessments. *Child and Youth Care Forum, 41*, 547-559.

REVISE AND RESUBMIT

Bond, A.E., Bandel, S.L., **Daruwala, S.E.**, & Anestis, M.D. (revise and resubmit). Painful and provocative events: Determining which events increase odds of attempting suicide.

Daruwala, S.E., Houtsma, C., Martin, R.L., Green, B.A., Capron, D.W., & Anestis, M.D. (revise and resubmit). Masculinity's association with the Interpersonal Theory of Suicide among military personnel.

Rufino, K., **Daruwala, S.E.**, & Anestis, J.C. (revise and resubmit). Predicting suicide attempt history in a psychiatric inpatient sample: A replication and extension.

UNDER INITIAL REVIEW

Anestis, M.D., Bandel, S.L., **Daruwala, S.E.**, Bond, A.E., & Bryan, C.J. (under review). Characterizing individuals who purchased firearms during COVID-19 in a large sample matched to United States census data

Bauer, B.W., **Daruwala, S.E.**, Smith, N.S., Karnick, A.T., Elder, D., Anestis, M.D., & Capron, D.W. (under review). Examining perceptions about the association between access to firearms and suicide risk.

Martin, R.L., Caulfield, N.M., Karnick A., **Daruwala, S.**, Schmidt, N., & Capron, D. (under review). A preliminary attempt to test the first step of the Three-Step Theory of Suicide.

IN PREPARATION

Bond, A.E., Bandel, S.L., Wagler, K., **Daruwala, S.E.**, & Anestis, M.D. (in preparation). Differentiating suicide decedents who died by firearm verse hanging.

Daruwala, S.E., Bauer, B.W., Waitz-Kudla, S.N., Bock, J.E., Tucker, R., Capron, D. & Anestis, M.D. (in preparation). The influence of conformity to masculine norms and stigmatizing attitudes towards suicide on help-seeking for suicidal thoughts.

Houtsma, C., **Daruwala, S.E.**, Green, B.A., & Anestis, M.D. (in preparation). The influence of suicidal desire, distress tolerance, and access to firearms in the salience of suicide within the U.S. military.

Preston, O.C., **Daruwala, S.E.**, Butterworth, S.E., Anestis, J.C., Green, B.A., & Anestis, M.D. (in preparation). The grim side of narcissism: Examining pathological traits, depression symptomology, and suicidal ideation in at-risk populations.

CONFERENCE PRESENTATIONS & INVITED TALKS

PAPER/PANEL PRESENTATIONS

- ¹⁵ Preston, O. C., **Daruwala, S. E.**, Butterworth, S. E., Anestis, J. C., & Anestis, M. D., (2020, April). The role of pathological narcissism in the relationship between depression symptoms and suicide ideation. In Mitchell, S. E. (Chair), *Personality Pathology and Suicidal Thoughts and Behaviors Among High-Risk Groups*. Symposium accepted at the annual meeting of the American Association of Suicidology, Portland, OR (canceled due to COVID-19 travel restrictions).
- ¹⁴ **Daruwala, S.E.**, Bauer, B.W., Tucker, R., & Anestis, M.D. (2019, April). The influence of conformity to masculine norms and stigmatizing attitudes towards suicide on help-seeking for suicidal thoughts. Paper presented at the Annual meeting of the American Association of Suicidology, Denver, CO.
- ¹³ **Daruwala, S.E.**, Houtsma, C., Witte, T., Tucker, R., & Anestis, M.D. (2019, April). Recruiting unique populations in suicide prevention research: Strategies and lessons learned. Panel presented at the Annual meeting of the American Association of Suicidology, Denver, CO.
- ¹² Anestis, M.D., Houtsma, C., Butterworth, S., & **Daruwala, S.** (2018, November). State firearm legislation and suicide rates: Evidence for means safety. Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies Association for Behavioral and Cognitive Therapies, Washington, D.C.
- ¹¹ Butterworth, S.E., **Daruwala, S.E.**, & Anestis, M.D. (2018, April). Firearm storage and shooting experience: Factors relevant to the practical capability for suicide. Paper presented at the Annual meeting of the American Association for Suicidology, Washington, D.C.
- ¹⁰ **Daruwala, S.E.** & Anestis, M.D. (2018, April). The Impact of Perceived Closeness on Openness to Changing Firearm Storage Methods in Firearm Owners Exposed to Suicide. Paper presented at the Annual meeting of the American Association for Suicidology, Washington, D.C.
- ⁹ Baer, M., LaCroix, J., Hassen, H., Perera, K., Schuler, K., Goldston, D., King, C., Soumoff, A., Weaver, J., **Daruwala, S.E.**, & Ghahramanlou-Holloway, M. (2017, April). Which painful and provocative events? Predictors of acquired capability for suicide among patients receiving inpatient psychiatric care at two military treatment facilities. Paper presented at the annual meeting of the American Association for Suicidology, Phoenix, AZ.
- ⁸ **Daruwala, S.E.**, LaCroix, J.H., Fox, A., Sterling, A.G., Baer, M., Hassen, H., Soumoff, A., & Ghahramanlou-Holloway, M. (2017, April). Male gender role conflict-driven themes as barriers to seeking help prior to military suicide-related psychiatric hospitalizations. Paper presented at the annual meeting of the American Association for Suicidology, Phoenix, AZ.
- ⁷ Hassen, H., LaCroix, J., Baer, M., **Daruwala, S.E.**, Soumoff, A., Weaver, J., & Ghahramanlou-

- Holloway, M. (2017, April). Ambivalence Toward Death, Help Seeking Behaviors, and Suicidality Among Military Psychiatric Inpatients. Paper presented at the annual meeting of the American Association for Suicidology, Phoenix, AZ.
- ⁶ LaCroix, J.M., Sterling, A.G., **Daruwala, S.E.**, Kauten, R.L., & Ghahramanlou-Holloway, M. (2017, April). Suicide prevention programmatic efforts within military basic training: Summary of prior research and current research initiative supported by the United States Defense Suicide Prevention Office. Paper presented at the North Atlantic Treaty Organization (NATO) Science and Technology Organization's Human Factors & Medicine Panel-275 Symposium on Military Suicide Prevention (NATO-CSO- HFM-272), Riga, Latvia.
- ⁵ Neely, L., Perera, K., **Daruwala, S.**, Hassen, H., Weaver, J., Geoffrey, G., Goldston, D., King, C., & Ghahramanlou-Holloway, M. (2016, March). Dysfunctional beliefs and associated personality disorders among military personnel psychiatrically hospitalized following a suicidal crisis. Paper presented at the annual meeting of the American Association for Suicidology, Chicago, IL.
- ⁴ Augenstein, T.M., Thomas, S.A., Ehrlich, K.B., **Daruwala, S.E.**, Reyes, S.M., & De Los Reyes, A. (2015, March). Comparing multi-informant assessment measures of parental monitoring and their links with adolescent delinquent behavior. Paper presented at the International Convention of Psychological Science, Amsterdam, The Netherlands.
- ³ De Los Reyes, A., Augenstein, T.M., Aldao, A., Thomas, S.A., **Daruwala, S.E.**, Kline, K., & Regan, T. (2014, November). Implementing psychophysiology in clinical assessments of adolescent social anxiety: Use of rater judgments based on graphical representations of psychophysiology. Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- ² De Los Reyes, A., Aldao, A., Thomas, S.A., **Daruwala, S.E.**, Swan, A.J., Van Wie, M., Goepel, K.A., & Lechner, W. (2013, April). Adolescent self-reports of social anxiety: Can they disagree with objective psychophysiological measures and still be valid? Paper presented at the biennial meeting of the Society for Research in Child Development, Seattle, WA.
- ¹ De Los Reyes, A., Lerner, M.D., Salas, S., Menzer, M.M., Thomas, S.A., **Daruwala, S.E.**, & Goepel, K.A. (2013, April). Validating direct and indirect measures of discrepancies between parent and adolescent reports of family functioning. Paper presented at the biennial meeting of the Society for Research in Child Development, Seattle, WA.

POSTER PRESENTATIONS

- ²⁰ Shanaz, A., Bauer, B., **Daruwala, S.**, & Klonsky, D. (2020, April). Exploring the scope and structure of suicide capability. Poster presented at the annual meeting of the American Association for Suicidology, Portland, OR.

- ¹⁹ Bauer, B.W., **Daruwala, S.**, Butterworth, S., Houtsma, C., Khazem, L., Law, K., Martin., R.L., Anestis, M., May, A., Klonsky, D., & Capron, D.W. (2018, November). Initial findings for a comprehensive measurement of suicidal capability: The suicide capacity scale-3-expanded. Poster presented at the Association for Behavioral and Cognitive Therapies Annual Meeting, Washington, D.C.
- ¹⁸ **Daruwala, S.E.** & Anestis, M.D. (2018, November). Masculinity's Influence on the Interpersonal Theory of Suicide. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies Association for Behavioral and Cognitive Therapies, Washington, D.C.
- ¹⁷ Houtsma, C., **Daruwala, S.E.**, & Anestis, M.D. (2018, November). Conformity to masculine norms and acquired capability for suicide among Service Members. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies Suicide and Self-Injury Special Interest Group, Washington, D.C.
- ¹⁶ Preston, O.C., **Daruwala, S.E.**, Butterworth, S.E., Anestis, J.C., Green, B.A., & Anestis, M.D. (2018, November). The grim side of narcissism: Examining pathological traits, depressive symptoms, and suicidal ideation in military personnel. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies Association for Behavioral and Cognitive Therapies, Washington, D.C.
- ¹⁵ Baer, M., LaCroix, J., Hassen, H., Perera, K., Schuler, K., Goldston, D., King, C., Soumoff, A., Weaver, J., **Daruwala, S.E.**, & Ghahramanlou-Holloway, M. (2017, April). Which Painful and Provocative Events? Predictors of Acquired Capability for Suicide Among Patients Receiving Inpatient Psychiatric Care at Two Military Treatment Facilities. Poster presented at the annual meeting of the American Association for Suicidology, Phoenix, AZ.
- ¹⁴ **Daruwala, S.E.**, Worthington, D., LaCroix, J., Perera, K., Hassen, H., Baer, M., Goldston, D., Soumoff, A., & Ghahramanlou-Holloway, M. (2017, April). Examining Impulsivity and Emotion Dysregulation in Relation to Preparatory Behavior in a Sample of Psychiatric Inpatients Recently Hospitalized for a Suicide-Related Crisis. Poster presented at the annual meeting of the American Association for Suicidology, Phoenix, AZ.
- ¹³ Hassen, H., LaCroix, J., Baer, M., **Daruwala, S.E.**, Soumoff, A., Weaver, J., & Ghahramanlou-Holloway, M. (2017, April). Ambivalence Toward Death, Help Seeking Behaviors, and Suicidality Among Military Psychiatric Inpatients. Poster presented at the annual meeting of the American Association for Suicidology, Phoenix, AZ
- ¹² Kauten, R., LaCroix, J., Baer, M., Hassen, H., **Daruwala, S.E.**, Goldston, D., Soumoff, A., Weaver, J., & Ghahramanlou-Holloway, M. (2017, April). Narcissistic Personality Beliefs and Suicidality Among Military Personnel and Dependents Psychiatrically Hospitalized Following a Suicidal Crisis Poster presented at the annual meeting of the American Association for Suicidology, Phoenix, AZ

- ¹¹ LaCroix, J. M., Neely, L., Perera, K., **Daruwala, S.**, Hassen, H., Weaver, J., Grammer, G., Goldston, D., King, C., & Ghahramanlou-Holloway, M. (2017, January). Personality-related dysfunctional beliefs and suicide risk among psychiatrically hospitalized military personnel. Poster to be presented at the 18th Annual meeting of the Society for Personality and Social Psychology, San Antonio, TX.
- ¹⁰ Baer, M., **Daruwala, S.E.**, Hassen, H., LaCroix, H, Worthington, D., Perera, K., Neely, L., Grammer, G., Weaver, J., & Ghahramanlou-Holloway, M. (2016, November). Post Admission Cognitive Therapy (PACT) for the inpatient treatment of military personnel with suicide behavior. Poster presented at annual meeting of the Association of Military Surgeons of the United States, National Harbor, MD.
- ⁹ Ghahramanlou-Holloway, M., Fox, A., Schuler, K., Ponce, J., Baer, M., Hassen, H., LaCroix, J., Tucker, J., Worthington, D., & **Daruwala, S.** (2016, September). Inpatient programs for the prevention of suicide: A brief review of scientific literature and recommendations. Poster presented at the European Symposium on Suicide and Suicidal Behaviour, Oviedo, Spain.
- ⁸ Ghahramanlou-Holloway, Baer, M., **Daruwala, S.E.**, Firestone, L., Perera, K., LaCroix, J., Grammer, G., & Weaver, J. (2016, September). Self-destructive thoughts among United States suicidal military personnel as measured by the Firestone Assessment of Suicidal Intent (FASI). Poster presented at the European Symposium on Suicide and Suicidal Behaviour, Oviedo, Spain.
- ⁷ **Daruwala, S.E.**, Perera, K., Tucker, J., VanSickle, M., Neely, L., Grammer, G., Weaver, J., Ilgen, M., King, C., Goldston, D., & Ghahramanlou-Holloway, M. (2016, August). Associations between Self-Efficacy to Avoid Suicidal Actions (SEASA) and severity of suicide ideation in psychiatrically hospitalized military personnel. Poster presented at the Annual Meeting of the Military Health System Research Symposium, Orlando, FL.
- ⁶ Shirley, S., **Daruwala, S.E.**, LaCroix, J., Barbour, A., Browne, J., Colborn, V., Koltko, V., Perera, K., Neely, L., & Ghahramanlou-Holloway, M. (2016, August). Development and refinement of an evidence-based suicide prevention workbook for the chaplaincy community serving the unique needs of Special Operations Forces: Preliminary progress. Poster presented at the Annual Meeting of the Military Health System Research Symposium, Orlando, FL.
- ⁵ VanSickle, M., **Daruwala, S.**, & Ghahramanlou-Holloway, M. (2015). Development and psychometric evaluation of the Military Suicide Attitudes Questionnaire. Poster presented at the Annual Meeting of the American Psychological Association, Toronto, Canada.
- ⁴ Lipton, M.F., **Daruwala, S.E.**, Weeks, J.W., & De Los Reyes, A. (2013, November). Profiles of social anxiety symptoms and impulsivity among college students. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Nashville, TN.

- ³ Thomas, S.A., **Daruwala, S.E.**, Reyes, S.M., Ehrlich, K.B., & De Los Reyes, A. (2012, November). Comparing stylistic and behavioral survey measures of parental monitoring behaviors. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.
- ² Thomas, S.A., Weeks, J.W., Dougherty, L.R., **Daruwala, S.**, Kline, K., & De Los Reyes, A. (2012, November). Genetic correlates of risk interact with adolescent safety behaviors in relation to social anxiety symptoms. Poster presented at the Child and Adolescent Anxiety Special Interest Group Poster Exposition of the annual meeting of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.
- ¹ **Daruwala, S.**, Goepel, K., Thomas, S.A., Aldao, A., Swan, A.J., Van Wie, M., Lechner, W., & De Los Reyes, A. (2011, November). Using the Subtle Avoidance Frequency Examination (SAFE) to distinguish between adolescents referred and not referred for a social anxiety screening. Poster presented at the Child and Adolescent Anxiety Special Interest Group Poster Exposition of the annual meeting of the Association for Behavioral and Cognitive Therapies, Toronto, Ontario.

INVITED TALKS

Daruwala, S. (2020, September). Discussing Firearms Means Safety with Clients. Didactic presentation for graduate student clinicians in Dr. Kelsey Bonfil's practicum at University of Southern Mississippi, Hattiesburg, MS.

Daruwala, S. (2019, October). Introduction to Dialectical Behavior Therapy. Workshop presentation for medical student interns at South Mississippi State Hospital, Purvis, MS.

Daruwala, S. & Smith, N. (2019, December). Discussing Means Safety with Family Members. Didactic presentation for social work, psychology, and psychiatry staff of South Mississippi State Hospital, Purvis, MS.

DISSEMINATION AND IMPLEMENTATION

Mississippi Safe Gun Storage Map Project

Leading an effort to create an online map of local storage options for community members looking for temporary, voluntary firearm storage

Visual Abstracts and Infographics

Assist in creating visual abstracts and infographics that share suicide prevention research in a simplified way

US Mobile Crisis Options instead of 9-1-1

Contributed to a directory for mental health providers and researchers that lists emergency numbers other than 9-1-1 that they and their clients can call during a mental health crisis

GRANTS, AWARDS, AND HONORS

USM Clinical Psychology Case Conference Award 2020
Awarded \$200

Military Suicide Research Consortium 2016, 2018, 2019, 2020
Pre-Conference Research Training Day Travel Award
Awarded \$1000 to attend the American Association of Suicidology's annual conference and participate in a training day focused on military suicide prevention research

USM Travel Grant 2018
Awarded \$150 to support attendance of a national conference in order to present first-authored work

USM Graduate Competitive Travel Award 2018
Awarded \$650 to support attendance of a national conference in order to present first-authored work

The Beck Institute – Soldier Suicide Prevention Scholarship 2016
Awarded \$400 to attend a three-day training on cognitive-behavioral therapy for depression and suicidality

Phi Kappa Phi Honor Society 2014
Awarded to seniors and graduate students ranked in the top 10% at the University of Maryland

UNFUNDED

Division 19 Student Research Award 2019
Amount applied for: \$1500

RESEARCH EXPERIENCE

Suicide and Emotion Dysregulation Lab August 2017 – Present
University of Southern Mississippi, Hattiesburg, MS
Graduate Student
Supervisor: Michael D. Anestis, Ph.D.

Laboratory for the Treatment of Suicide-Related Ideation and Behavior February 2015 – July 2017
Uniformed Services University of the Health Sciences, Bethesda, MD
Research Associate (April 2015 – July 2017)
Volunteer (February – April 2015)
Supervisors: Marjan Holloway, Ph.D., Laura Neely, Psy.D, LT Marcus Van Sickle, M.S.

**Comprehensive and Assessment
Intervention Program**

April 2010 – December 2012

University of Maryland, College Park, MD

Project Coordinator (May 2011 – December 2012)

Volunteer Research Assistant (April 2010 – May 2011)

Supervisor: Andres De Los Reyes, Ph.D.

**Center for Addictions, Personality,
and Emotion Research**

September 2010 – December 2011

University of Maryland, College Park, MD

Volunteer Research Assistant

Supervisor: Carl Lejuez, Ph.D.

GRANT FUNDED RESEARCH EXPERIENCE

Military Suicide Research Consortium – Project Safe Guard

May 2018 – Present

Grant #: W81XWH-16-2-0003

PI: Michael Anestis, Ph.D.

Graduate Student Clinician, Research Assistant

Description: Randomized clinical trial examining effects of lethal means counseling on firearm safety in National Guard personnel

Responsibilities: Conduct structured diagnostic interviews and suicide risk assessments; provide lethal means counseling using a motivational interviewing framework; attend recruitment events; assist in refinement of clinical trial protocols

CLINICAL EXPERIENCE

**USM Dialectical Behavior Therapy-Adolescent
-Informed Skills Group**

January – August 2020

University of Southern Mississippi, Hattiesburg, MS

Group Co-Leader

Supervisor: Nora Charles, Ph.D.

Responsibilities: Helped develop, coordinate, and facilitate a DBT-A-informed skills training group for adolescent outpatient clients

South Mississippi State Hospital

June – December 2019

Purvis, MS

Psychology Extern

Supervisor: Scott Willoughby, Ph.D.

Responsibilities: Provide group therapy and individual evidence-based therapy services to adults in a psychiatric inpatient unit; conduct cognitive functioning and personality assessments; participate in admissions intake interviews; collaborate with a multidisciplinary team (psychiatry, psychology, social work, nursing, and direct-care staff)

USM Dialectical Behavior Therapy-Informed Skills Group

January – December 2019

University of Southern Mississippi, Hattiesburg, MS

Group Co-Leader

Supervisor: Joye Anestis, Ph.D.

Responsibilities: Coordinate and facilitate DBT-informed skills training group sessions for outpatient clients

USM Psychology Clinic

August 2018 – Present

University of Southern Mississippi, Hattiesburg, MS

Graduate Student Clinician

Supervisors: Joye Anestis, Ph.D., Kelsey Bonfils, Ph.D., Nora Charles, Ph.D., Bradley Green, Ph.D., Kristy McRaney, Ph.D., Stephanie Smith, Ph.D.

Responsibilities: Provide outpatient psychological services to adults, adolescents, and children in the community. Services include: intake, diagnostic, and cognitive assessments; evidence-based individual therapy services (e.g., Cognitive Processing Therapy, Cognitive Behavior Therapy); suicide risk assessments and crisis management for high-risk and/or chronically suicidal clients. Other responsibilities include providing peer supervision to junior clinicians on assessment and therapy cases

USM Psychology Clinic

June 2018 – May 2019

University of Southern Mississippi, Hattiesburg, MS

On Duty Clinician

Supervisor: Bradley Green, Ph.D.

Responsibilities: Conducted semi-structured phone intake screenings with potential clients; conducted suicide risk assessments over the phone for clients in crisis

Crisis Text Line

June 2016 – May 2017

Crisis Text Line Counselor

Responsibilities: Served as a volunteer counselor on an online platform to assist individuals who were experiencing a crisis. Screened for imminent risk, collaboratively problem-solved crises with texters and provided appropriate resources, as needed

Laboratory for the Treatment of Suicide-Related Ideation and Behavior

April 2015 – April 2016

Uniformed Services University of the Health Sciences, Bethesda, MD

Research Case Manager

Supervisors: Marjan Holloway, Ph.D., Laura Neely, Psy.D.

Responsibilities: In the context of a randomized controlled trial for an inpatient cognitive behavioral treatment program, conducted monthly case management calls to suicidal study participants and provided requested community resources, under the direct supervision of a licensed psychologist

Comprehensive Assessment and Intervention Program

May 2010 – December 2012

University of Maryland, College Park, MD

Clinical Interviewer

Supervisor: Andres De Los Reyes, Ph.D.

Responsibilities: Assessed adolescents for social anxiety symptoms using the Liebowitz Social Anxiety Scale for Children and Adolescents (LSAS-CA) and participated in group consensus diagnosis meetings using scores from the Children's Global Assessment Scale (CGAS)

Community Services for Autistic Adults and Children November 2009 – October 2010
Brookeville, MD

Intensive Early Intervention Therapist

Supervisors: Kay Inoue, Larissa Reynolds, Ph.D.

Responsibilities: Conducted in-home positive behavioral therapy with children with autism using applied behavioral analysis while recording notes and data to track changes in performance

SPECIALIZED TRAININGS & WORKSHOPS ATTENDED

APA Telepsychology Best Practices 101 Series March 2020
Trainer: Marlene Maheu, Ph.D

**Motivational Interviewing for Lethal Means
Counseling, 2-Day Workshop** Summer 2017, 2018, 2019
Trainers: Craig Bryan, Psy.D and AnnaBelle Bryan, M.S.

Mandt System June 2019
Trainers: Mandt-certified South Mississippi State Hospital employees

Basic Firearm Safety September 2017
Trainer: Patty Saliba

ACADEMIC SERVICE

Clinical Psychology Diversity Committee Fall 2017 – Present
University of Southern Mississippi, Hattiesburg, MS
Member (Fall 2017 – Present)
Member-At-Large (January 2020 – Present)
Responsibilities: Organize and oversee monthly meetings; coordinate with faculty and serve as a liaison; oversee organization of activities and projects, including monthly Hour of Action

Clinical Psychology Graduate Student Organization Fall 2017 – Present
University of Southern Mississippi, Hattiesburg, MS
Member (Fall 2017 – Present)
Fundraising Co-Chair (Fall 2018 – Summer 2019)

Out of the Darkness Walk Spring 2018, 2019, 2020
University of Southern Mississippi, Hattiesburg, MS
Volunteer

Clinical Training Committee (CTC)

August 2018 – May 2019

University of Southern Mississippi, Hattiesburg, MS

Junior Graduate Student Representative

Responsibilities: Attend weekly CTC meetings, present student concerns and questions to faculty members, and communicate important program-related information to clinical psychology doctoral students

McNair Scholars Program

October 2017 – July 2018

University of Southern Mississippi, Hattiesburg, MS

Graduate Assistant

Supervisors: Kimbaya Brown, Carolyn Cawthon

Responsibilities: Help mentored undergraduate students in completing a research project and meeting the requirements of being a McNair Scholar. Taught GRE preparation to scholars

REVIEWER EXPERIENCE

Journal of Affective Disorders, *Ad Hoc Reviewer*

Psychiatry Research, *Ad Hoc Reviewer*

Psychology of Violence, *Mentored Reviewer*

Death Studies, *Mentored Reviewer*

PROFESSIONAL AFFILIATIONS

American Association of Suicidology (AAS), *Student Member*

American Psychological Association (APA), *Student Member*

Association for Behavioral and Cognitive Therapies (ABCT), *Student Member*

Society for a Science of Clinical Psychology (SSCP), *Student Member*