

Sydney Waitz-Kudla, B.A.

407-595-8546

1740 Sunset Dr.
Clearwater, FL 33755

sydney.n.waitz-kudla@vanderbilt.edu

EDUCATION

Vanderbilt University – Nashville, TN

B.A. Honors Psychology & English, Minor in Sociology (2015)

Dean's List 2012-2015

Honors Thesis: Gender, Affect Regulation, and Non-Suicidal Self-Injury

PROFESSIONAL EXPERIENCE

Vanderbilt University Medical Center, Dept. of Pediatrics, Division of General Pediatrics

Project Manager

Dr. Julie Lounds Taylor, Ph.D

Nashville, TN
June 2015-Present

R34 Volunteer Advocacy Project – Transitions (VAP-T)

Project manager for NIH-funded pilot intervention study (VAP-T) that trains parent how to advocate for adult services on behalf of their son/daughter with an autism spectrum disorder.

- Screen possible study participants
- Consent participants for study
- Schedule participants for data collection interviews and collect data at 4 time points
- Contact and organize volunteer speakers for VAP-T intervention sessions
- Organize materials for study participants and session speakers
- Manage technology, coordination, and participation of three study sites
- Facilitate collection of session evaluations and treatment fidelity
- Contribute to scientific publications and conference presentations
- Supervise research assistants, data entry

Next Steps Student Outcomes Study

Research assistant for study measuring the gains made by students in the Vanderbilt Next Steps Program, a post-secondary educational program for students with developmental and intellectual disabilities

- Consent student participants and their parents
- Schedule participants for data collection interviews
- Collect data from student participants and their parents at three time points
- Supervise research assistants, data collection and data entry

K01 Risk and Resiliency for Youth with Autism during the Transition to Adulthood

- Supervised close-out of NIH-funded study analyzing transition outcomes for young adults with autism spectrum disorders and their families

Vanderbilt University / Florida State University

Research Assistant

Dr. Joe Franklin, Ph.D

Nashville, TN
July 2015-July 2016
Tallahassee, FL
July 2016-Present

- Working remotely with Dr. Joe Franklin on suicide treatment meta-analysis
- Literature compilation for meta-analysis
- Scanning through and condensing / editing literature spreadsheets for meta-analysis

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Vanderbilt University
Undergraduate Research Assistant
Dr. David Cole, Ph.D

Nashville, TN
June 2013-June 2015

- Data analysis for non-suicidal self-injury (NSSI) research study for undergraduate honor's thesis
- Vanderbilt Undergraduate Summer Research Program supplemental study examining media influence on NSSI behaviors
- Data entry for eating disorder study
- Consent and administer surveys for eating disorder study

LEADERSHIP AND EXTRA CURRICULAR ACTIVITIES

Vanderbilt Psychological & Counseling Center Liaisons
Educating and Advocating for Psychological Support (PCC LEAPS)
Co-Founder, Social Relations Chair

2013-2015

- Co-founded psychological outreach group consisting of undergraduate students at Vanderbilt University
- Host events and presentations on mindfulness and mental health issues
- Develop presentation on stress reduction
- Manage social relations and social media accounts for LEAPS
- Two mindfulness and stress reduction presentations to undergraduate students by request of campus groups
- Six presentations to first-year Vanderbilt undergraduate students about maintaining mental health in college and mental health resources available to students

Vanderbilt Spoken Word (VSW)
Publicity Chair

2013-2014

- Manage VSW social media and advertisements
- Manage special feature poets for group events

President

2014-2015

- Mentor first-year members
- Oversee executive board meetings
- Manage VSW executive board, listserv, and undergraduate members
- Co-sponsor events across campus

Vanderbilt Alternative Spring Break (ASB)
Participant

2012-2015

- Work with a team of 10-12 fellow students to engage in various service projects. Participated in 3 service projects

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PUBLICATIONS, PRESENTATIONS, & GUEST LECTURES

Publications

2017 Taylor, J.L., Hodapp, R.M., Burke, M.M., Waitz-Kudla, S.N., & Rabideau, C. (2017). Training parents of youth with autism spectrum disorder to advocate for adult disability services: Results from a pilot randomized controlled trial. *Journal of Autism and Developmental Disorders*, 47, 846-857.

In progress Burke, M.M., Waitz-Kudla, S.N., Rabideau, C., Taylor, J.L., Hodapp, R.M. (In progress). Pulling back the curtain: Conducting intervention studies with transition-aged youth with Autism Spectrum Disorders and their families.

Poster Presentations

Sep. 2016 Waitz-Kudla, S.N., Taylor, J.L., Hodapp, R.M., Burke, M.M., Rabideau, C. *Training Parents of Youth with Autism Spectrum Disorder to Advocate for Adult Disability Services*. Vanderbilt Kennedy Center - University Center for Excellence in Developmental Disabilities Science Day poster session presentation, Nashville, TN.

Sep. 2014 Waitz-Kudla, S.N. *Media Influence on Non-Suicidal Self-Injury*. Vanderbilt Undergraduate Summer Research Program poster competition presentation, Second Place

Guest Lectures

2016 Discussion Lecture on Taming of the Shrew
Course: Shakespeare on Film (ENG 1260W)
Dr. Rebecca Chapman
Vanderbilt University