
Claire Houtsma

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EDUCATION

- 2014-Present **University of Southern Mississippi (USM)**
Ph.D. in Clinical Psychology
Dissertation: TBD
Major Professor: Michael D. Anestis, Ph.D
Expected Graduation Date: Summer 2019
- 2014-2017 **University of Southern Mississippi (USM)**
M.A. in Psychology
Master's Thesis: The Longitudinal Effect of Violent Video Game Play on Capability for Suicide
Major Professor: Michael D. Anestis, Ph.D
- 2009-2013 **University of Illinois, Urbana-Champaign (U of I)**
B.S. in Psychology, summa cum laude, distinction in psychology
Bachelor's Thesis: Suicidality, Control, and Coping
Supervisor: Michael Kral, Ph.D
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PUBLICATIONS (ACCEPTED/IN-PRESS)

- Houtsma, C.**, Butterworth, S. E., & Anestis, M. D. (in press). Firearm suicide: Pathways to risk and methods of prevention. *Current Opinion in Psychology*.
- Houtsma, C.**, Khazem, L. R., Green, B. A., & Anestis, M. D. (2017). Isolating effects of moral injury and low post-deployment support within the U.S. military. *Psychiatry Research*.
- Anestis, M. D. & **Houtsma, C.** (2017). The association between gun ownership and statewide overall suicide rates. *Suicide and Life-Threatening Behavior*.
- Khazem, L. R., **Houtsma, C.**, Gratz, K. L., Tull, M. T., Green, B. A., & Anestis, M. D. (2016) Firearms matter: The moderating role of firearm storage in the association between current suicidal ideation and imminent suicide risk amongst United States military personnel. *Military Psychology*.
- Butterworth, S. E., **Houtsma, C.**, Anestis, J. C., & Anestis, M. D. (in press) Investigating the relationship between social and economic policy views, firearm ownership, and death by firearm in a sample of suicide decedents. *Archives of Suicide Research*.

- Podlogar, M., **Houtsma, C.**, Khazem, L. R., Moberg, F., Mofield, T., Green, B. A., Anestis, M. D., & Joiner, T. (2017) The associations between Army National Guard vs. active duty soldier status and perceived burdensomeness, thwarted belongingness, and acquired capability. *Journal of Clinical Psychology*.
- Martin, R. L., **Houtsma, C.**, Green, B. A., & Anestis, M. D. (2016) Support systems: How post-deployment support impacts suicide risk factors in United States military personnel. *Cognitive Therapy and Research*.
- Martin, R. L., **Houtsma, C.**, Green, B. A., Anestis, M. D. (2017). The impact of aggression on the relationship between betrayal and belongingness amongst U.S. military personnel. *Military Psychology*.
- Fisher, K., **Houtsma, C.**, Assavedo, B. L., Green, B. A., & Anestis, M. D. (2016) Agitation as a moderator of the relationship between insomnia and suicidal plans and preparations in the military. *Archives of Suicide Research*.
- Pennings, S. M., Finn, J., **Houtsma, C.**, Green, B. A., Anestis, M. D. (2016). Posttraumatic stress disorder symptom clusters and the interpersonal theory of suicide in a large military sample. *Suicide and Life-Threatening Behavior*.
- Anestis, M. D., Law, K. C., Jin, H., **Houtsma, C.**, Khazem, L. R., & Assavedo, B. L. (2016). Treating the capability for suicide: A vital and understudied frontier in suicide prevention. *Suicide and Life-Threatening Behavior*.
- Anestis, M. D., Khazem, L. R., Law, K. C. (Hons.), **Houtsma, C.**, LeTard, R., Moberg, F., & Martin, R. (2015). The association between state laws regulating handgun ownership and statewide suicide rates. *American Journal of Public Health*.
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PUBLICATIONS (UNDER REVIEW)

- Houtsma, C.** & Anestis, M. D. (under review). Practical capability: The impact of handgun ownership among previous suicide attempters.
- Anestis, M. D., Butterworth, S. E., **Houtsma, C.** (under review) Perceptions of Firearms and suicide: The role of misinformation in storage practices and openness to means safety measures.
- Rogers, M. L., Law, K. C., **Houtsma, C.**, Tucker, R. P., Anestis, M. D., & Joiner, T. E. (under review). Development and initial validation of a scale assessing suicide-specific rumination: The suicide rumination scale.
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PRESENTATIONS

- Anestis, M. D., Butterworth, S. E., **Houtsma, C.** (2017, November). *Perceptions of Firearms and suicide: The role of misinformation in storage practices and openness to means safety measures*. Paper accepted to IASR/AFSP International Summit on Suicide Research, Henderson, Nevada.
- Houtsma, C.** & Anestis, M. D. (2017, April). *Practical capability: The impact of handgun ownership among previous suicide attempters*. Paper presented at the annual meeting of the American Association of Suicidology (AAS), Phoenix, Arizona.
- Anestis, M. D. & **Houtsma, C.** (2017, April). *The association between gun ownership and statewide overall suicide rates*. Paper presented at the annual meeting of the American Association of Suicidology (AAS), Phoenix, Arizona.
- Butterworth, S. E., **Houtsma, C.**, Anestis, J. C., & Anestis, M. D. (2017, April). *Investigating the relationship between social and economic policy views, firearm ownership, and death by firearm in a sample of suicide decedents*. Poster presented at the annual meeting of the American Association of Suicidology (AAS), Phoenix, Arizona.
- Houtsma, C.** & Anestis, M. D. (2016, October). *The mediating role of internal locus of control in the relationship between grit and the components of the interpersonal-psychological theory of suicide*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies (ABCT), New York City, New York.
- Houtsma, C.** & Anestis, M. D. (2016, March). *Who is in control? An examination of the relationship between locus of control, emotion dysregulation, and suicidal desire*. Poster presented at the annual meeting of the American Association of Suicidology (AAS), Chicago, Illinois.
- Khazem, L. R., **Houtsma, C.**, Gratz, K. L., Tull, M. T., Green, B. A., & Anestis, M. D. (2016, March). *Firearms matter: The moderating role of firearm storage on the association between current suicidal ideation and imminent suicide risk amongst United States military personnel*. Paper presented at the annual meeting of the American Association of Suicidology (AAS), Chicago, Illinois.
- Houtsma, C.**, Green, B. A., Anestis, M. D. (2015, November). *The influence of suicidal desire, distress tolerance, and access to firearms in the salience of suicide within the U.S. military*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies (ABCT), Chicago, Illinois and presented at the University of Southern Mississippi's Susan A. Siltanen Graduate Student Research Symposium, Hattiesburg, Mississippi.
- Pennings, S. M., Finn, J. R., **Houtsma, C.**, & Anestis, M. D. (2015, November). *Clarifying the association between the posttraumatic stress disorder numbing symptom cluster and the desire for death in a military sample*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies (ABCT), Chicago, Illinois.
- Houtsma, C.** (2015, November). *The longitudinal effect of violent video game play on the acquired capability for suicide*. Presentation at the 2nd Annual 3-Minute Thesis Competition (3MT), University of Southern Mississippi.
- Houtsma, C.**, Khazem, L. R., Green, B. A., Anestis, M. D. (2015, April). *Moral injury and thwarted belongingness: The potential importance of post-deployment support for U.S. troops*. Poster presented at the annual meeting of the American Association of Suicidology (AAS), Atlanta, Georgia.

Martin, R. L., Khazem, L. R., **Houtsma, C.**, Green, B. A., Anestis, M. D. (2015, April). *Betrayal and belongingness: Examining moral injury and the interpersonal-psychological theory of suicide*. Poster presented at the annual meeting of the American Association of Suicidology (AAS), Atlanta, Georgia.

Anestis, M. D., Khazem, L. R., Law, K. C. (Hons.), **Houtsma, C.**, LeTard, R., Moberg, F., & Martin, R. (2015, April). *The association between state laws regulating handgun ownership and statewide suicide rates*. Paper presented at the annual meeting of the American Association of Suicidology (AAS), Atlanta, Georgia.

FUNDED GRANTS, AWARDS, AND HONORS

Spring 2017	American Association of Suicidology (AAS) Morton M. Silverman Student Award Amount: \$250, 2017 AAS conference registration, airfare to the 2017 AAS conference, 2-night hotel stay at the 2017 AAS conference
Spring 2017	USM Graduate Student Hall of Fame Honor granted by the Dean of the Graduate School
Spring 2016	2nd Place Poster Presentation Award at USM's Susan A. Siltanen Graduate Student Research Symposium Amount: \$350
Spring 2016	USM Professionals in Preparation Travel Grant Award Amount: \$500
Spring & Fall 2016	USM Clinical Psychology Graduate Student Organization (CPGSO) Travel Grants Total Amount: \$370
Spring 2015 & 2016	Military Suicide Research Consortium (MSRC) Conference Training Day Travel Grants Total Amount: \$2,000
Fall 2015	USM Clinical Psychology Research Excellence Award Amount: \$200
Fall 2015	American Psychological Association Graduate Student/Psi Chi Junior Scientist Fellowship Amount: \$1,000
Spring & Fall 2015, Fall 2016	USM Travel Grants Total Amount: \$450
Spring 2013	Bronze Tablet University Honor – U of I

Graduated in the top 3% of the College of Liberal Arts and Sciences

Fall 2009 – Spring 2013

Dean's List – U of I
College of Liberal Arts and Sciences

GRANT AND AWARD APPLICATIONS (unfunded)

Summer 2016

Beck Institute Graduate Student CBT Workshop Scholarship Competition

Amount: \$450; offered partial-funding for \$100

Spring 2015 & 2016

National Science Foundation Graduate Research Fellowship Program

Amount: \$34,000 stipend/year and \$12,000 cost-of-education/year for 3 years

Summer 2015

American Psychological Association Early Graduate Student Researcher award

Amount: \$1,000

REVIEWER EXPERIENCE

Drug and Alcohol Dependence, ad hoc reviewer

RESEARCH EXPERIENCE

August 2014 – Current

Suicide and Emotion Dysregulation Lab (SEDL) – USM

Graduate Student Researcher

Lab Director: Michael D. Anestis, Ph.D

June 2011 – May 2013

Psychology of Religion, Agency, and Morality Lab (PRAM) – U of I

Undergraduate Research Assistant

Lab Director: Jesse Preston, Ph.D

June 2011 – May 2013

Infant Cognition Lab (ICL) – U of I

Undergraduate Research Assistant

Lab Director: Renee Baillargeon, Ph.D

January – May 2010

Industrial-Organizational Psychology Lab – U of I

Undergraduate Research Assistant

Lab Director: Fritz Drasgow, Ph.D

TEACHING EXPERIENCE

- May – August 2015 **Instructor for Abnormal Psychology (PSY 436) – USM**
Responsibilities: prepared lectures, created and proctored exams, taught lectures in-person and via live video-feed to a satellite campus, graded in-class quizzes and exams, and organized the course through Blackboard.
- January 2017 **Guest Lecturer for Introduction to Statistics for Behavioral Sciences (PSY 360) – USM**
Instructor: Lauren Khazem, M.A.
Responsibilities: lectured on data structures, research methods, variables, measurement approaches, and statistical notation.
- August 2014 – May 2015 **Graduate Teaching Assistant – USM**
Abnormal Psychology (PSY 436) – Instructor: Brad Green, Ph.D
Abnormal Psychology (PSY 436) – Instructor: Joye Anestis, Ph.D
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CLINICAL EXPERIENCE

- August 2015 – Present **USM Psychology Clinic – Hattiesburg, MS**
Clinician
Responsibilities: conduct intake, diagnostic, and cognitive assessments; provide evidence-based individual therapy services for outpatient clients
- August 2015 – August 2017 **Forrest County District Attorney’s Office – Hattiesburg, MS**
Psychology Extern
Responsibilities: provide group therapy services, including drug education/relapse prevention, stress management, and anger management; conduct psychological assessments and intake evaluations; provide individual evidence-based therapy services; communicate with officers of the court regarding consultation, referrals, and program development
- December 2016 **Dialectical Behavior Therapy 2-Day Training Workshop**
Trainers: Laura Meyers, Ph.D and Jackie Holland, LCSW
- May 2015 – May 2016 **USM Psychology Clinic – Hattiesburg, MS**
On-Duty Clinician
Responsibilities: screened clinic phone calls for potential clients

PROFESSIONAL EXPERIENCE

July 2013 – August 2014

Clinical Services in Psychopharmacology (CSP) – University of Illinois, Chicago – Department of Psychiatry
Clinical Research Coordinator
Program Director: Michael Naylor, M.D.

Responsibilities: assisted in compiling and entering data on the utilization of psychotropic medications for children in substitute care through collaboration with the Department of Children and Family Services, Office of the Guardian

PROFESSIONAL DEVELOPMENT

August 2015 – Current

Clinical Training Committee (CTC) – USM
Graduate Student Representative

Responsibilities: attend weekly CTC meetings, present student concerns and questions to faculty members, and communicate important program-related information to clinical psychology doctoral students.

August 2015 – May 2016

Professionals in Preparation Program – USM
Member

Responsibilities: attended workshops to develop skills in areas such as publishing, effective presentation of research, and methods of mentorship; participated in USM's annual Three Minute Thesis Competition in Fall 2015 and presented a poster at USM's Graduate Research Symposium in Spring 2016.

August 2015 – May 2016

Clinical Psychology Graduate Student Organization (CPGSO) – USM

Executive Board Member

Responsibilities: planned, organized, and executed fundraising events. Funds raised from these events were used to subsidize the cost of mental health services for economically disadvantaged clients at the USM Psychology Clinic.

PROFESSIONAL AFFILIATIONS

American Association of Suicidology (AAS)
Association for Behavioral and Cognitive Therapies (ABCT)
Association for Psychological Science (APS)

Psi Chi Honor Psychology Fraternity
Phi Beta Kappa Honor Society